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43rd Year ◆ No. 1 | Serving the West Sacramento Region Since 1964 | Wednesday, August 16, 2006

City council, school board races shaping up

By Steve Marschke
News-Ledger Editor

Entries for the West Sacramento mayor's race in November have closed, with incumbent Christopher Cabaldon set to face a challenge from city activist Mary Lasell.

But with several incumbents on the local city council and school board failing to file for re-election, the deadline for challengers in those races has been extended to 5 p.m. today.

Both of the incumbents on the board of trustees for Washington Unified have told the News-Ledger they will not seek another four-year term, as they wish to pursue other personal priorities. That goes for board president Kevin Jones, who made his announcement two weeks ago, and for David Farmer, who discussed his decision with the News-Ledger on Monday.

"I'm retiring (as a West Sacramento police lieutenant) next August," said Farmer. "I feel that's going to give me an opportunity to do some things I'd like to do, such as enjoy my granddaughter and travel a bit. If I can't give the board a full commitment, then they deserve someone else full-time."

Farmer will have served two four-year terms plus another six months when he was originally appointed to the board to fill a vacancy. He's proud of the progress he believes that WUSD has made.

"I think I'm proud of helping to get the two bond measures passed – the first one for modernization of some of the schools in desperate need of repair, including air conditioning, heating and lighting. We of course could not get them up to the level we'd like to, but it was helpful. And of course the second bond, to build the new high school. That is an ongoing thing."

Farmer said he is also proud that the district has moved towards "standards-based instruction, and has moved test scores up at all schools. This is not just my action, but I worked as part of a team."

Farmer said he would like to remain active in the district, and would like to be on the committee "to give a name to the new high school."

Four challengers have filed for the two school board seats that Farmer and Jones will leave at the end of this year. They are Dani Langford, Matt Stegman, Sandra Vargas and a previous school board member, Karl Machschefes.

West Sacramento is governed by a mayor elected on a two-year term (currently Cabaldon) and by four other members of the city council, each serving for four years. On November 7, council seats now held by Carolyn Castillo Pierson and by Wes Beers will be up for a vote.

Pierson has already announced she will not seek another term.

Beers has filed to run again. He had been a retired council member and former mayor when in December of 2004 he was appointed by the council to fill a vacancy – Cabaldon left a council seat open when he was elected to the newly-created and separate post of mayor. At the time, Beers said he did not intend to seek re-election when the partial term ended in 2006.

"I put my name in because I had the experience as a council member, and I thought I would do it for two years and did not intend to run again," Beers told the News-Ledger. "I wasn't intending to use this as a stepping stone. The circumstances changed when Carolyn (Castillo Pierson) said she would step down. Now there's an open seat (for a newcomer). I feel I have a lot to offer the community. I had a big role in most of the '90s, and I have a lot more time now."

Beers just retired from a job with state government.

Joining Beers in the race for two empty seats on the council are attorney Mark Johannessen and retired financial planner Jim Cahill, who has previously served on the council. The West Sacramento City Clerk's office reports that as of Monday, nomination papers for the race have also been "pulled" by residents John Vinson, Howard Weaver and Christopher Ledesma. They – and any other challengers for the race – have until 5 p.m. to properly fill out their paperwork and submit it to the city clerk.

Local 'idol' and band will help cap off Yolo Fair

West Sacramento band 'Alincia and the Bandavelas': Alincia was last year's 'Yolo Idol' as a vocalist

Yolo County performers will fill the East and West Stages of the 2006 Yolo County Fair with a variety of entertainment.

With about half of last year's performers returning, there are several new acts to add spice to the 2006 Fair. All acts are either locally-based or feature performers who got their start in the performing arts right here in Yolo County.

Classic Rock 'n Rock will again be a featured attraction with Woodland's most successful rock and roll band of the last two and a half decades, Rocky and the Revellettes, wrapping up Opening Night, Wednesday, August 16, at 8:30 p.m. on the West Stage.

On Saturday Good Old Rock 'n Roll will take the West Stage at 6:30 p.m. with the RetroSpecs and at 8:30 p.m. with the Originals. The Originals is a new Woodland Classic Rock band bringing back the harmonies, the doo wop and the sounds of the girl bands.

Bill Hollingshead again will puzzle fairgoers with his magic act on Thursday, at 6:45 p.m. He appeared at last year's Fair after a 50-year absence. Hollingshead also will Emcee Thursday afternoon's West Stage performances, celebrating the work of the seven Rotary Clubs of Yolo County.

The West Stage is adjacent to the Fair's Rotary Park Picnic Area, where the Rotary Clubs again are selling carnitas to support their community projects. The Putah Creek Crawdads and Native Grass have Rotarian members, and Hollingshead, who was stricken by polio in his youth, heads up the Davis Rotary's Polio prevention efforts, part of Rotary International's program to eradicate Polio in the world. His magic show will be followed by the Yolo Idol Search Contest.

Other featured Yolo County entertainers scheduled for this year's Fair include:

- 2006 SAMMIE Award nominee Bill Scholer will play the Fair twice this year, on Thursday at 6:00 p.m. with his own Bill Scholer Blues Band and on Sunday at 2:30 p.m. as part of the Joy Buzzards. Both performances will be on the East Stage.
- Cowboy/country singer Woody Boyd will stroll along the Midway singing and playing his guitar Friday, Saturday and Sunday afternoon and evening. A former resident of the Capay Valley, Woody has played with a wide range of established folk/country performers such as Emmy Lou Harris, Garth Brooks and Guy Clark.
- Davis world beat band !Akimbo will be back to help open this year's Fair on Wednesday as the 8:00 p.m. act on the East Stage. They frequently play in the Sacramento region and the Bay Area.
- West Sacramento will be represented by Alincia and the Bandevelas, a multi-cultural band performing in seven languages. The family-based band will play on the West Stage at 8:30 p.m. Friday night. Alincia Vela was last year's Yolo Idol Search winner.
- Jeremiah and the Red Eyes, featuring former Woodland resident Dale Warner, will be the 8:00 p.m. act on Saturday on the East Stage with their take on Country Blues–Rock.
- The Bottom Dwellers will close the Fair on the East Stage Sunday night at 8:00 p.m., offering the Country music of a honky tonk and swampy dark side as well as the Bakersfield sound of Merle Haggard and Buck Owens.

The Yolo Idol Search, four dance groups and a martial art demonstration will assist Magician Bill Hollingshead in providing entertainment other than live music.

The Yolo Idol Search contest is Thursday at 7:30 p.m. on the West Stage. Alincia Vela, last year's winner, who won the Northern California title, will be the Emcee. The winner will receive $250 and the chance to compete for another $2,500 prize in the final competition among Northern California fairs at the Gold Country Fair in Auburn in September.

Woodland's Ballet Folklorico de Beamer will perform traditional dances of Mexico at 2:30 p.m. on Thursday on the West Stage, while Bohemian Bellies will perform at 2:30 p.m. on Friday on the East Stage. The Shooting Stars, a new Davis square dancing troupe, will open the East Stage on Saturday at noon and the River City Dance Academy will follow at 2:00 p.m. The Zapata Black Belt Academy will demonstrate their skills in the martial arts at noon on Saturday on the West Stage.

Big decisions loom for WUSD

By Steve Marschke
News-Ledger Editor

You can get a close look at the Washington Unified School District's plans to build a new high school and other campuses in the next decade, and at WUSD's ideas on how to pay for it, at a workshop next Tuesday at the River City High School cafeteria. The workshop will begin with a 6 p.m. "gallery" viewing of blueprints for the new high school, followed by a presentation of funding and building plans at 6:30 and "structured public input" from 7:30 to 9 p.m.

That means you can give the district your "two bits."

Superintendent Steven Lawrence told the News-Ledger yesterday that the district is re-examining pretty much all of its construction and financing plan, as the board prepares to vote on the plan as early as Aug. 24.

What would Lawrence like to change in the plan?

"I'm still going through the process," he said. "Basically, I really need all the time I can have before drawing my conclusions. I'm still open-minded – I'm open to anything, trying to see how we can meet the needs of the community."

"The 'givens' are those things concerning the (campuses) we would all like," he continued. "The real question is can we turn those into reality."

A preliminary version of the plan called for a new 2,300-student high school and a number of other schools over the next 10 years, leaving a funding gap very roughly estimated at $67 million.

ABOVE: West Sacramento's River City Dance Academy, which will perform at the fair

Eastern Yolo County boasts 'bright jewel' of a park, at Cache Creek

By Beth Gabor
Yolo County Public
Information Officer
& Kimberly Bellows
U.C. Davis Intern

Just up State Highway 16, an hour outside Woodland, you'll find the jewel of the Yolo County Park system – Cache Creek Canyon Regional Park. The park includes, among other things, a campground and two accompanying sites referred to as the upper, middle and lower sites. The middle site is unquestionably the brightest jewel with beautifully maintained campsites, a recycled materials playground and easy access to Cache Creek. The upper and lower sites are popular with rafters and kayakers alike, providing "put-in" areas for scenic and challenging river recreation.

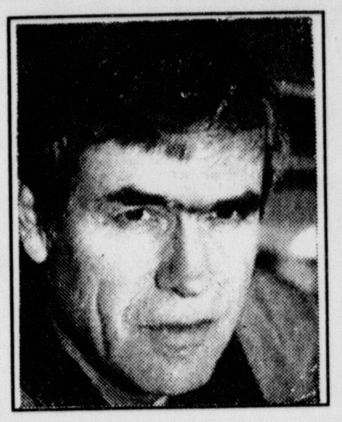
As a whole, the 700-acre park offers opportunities for picnicking, nature study, fishing (you'll find pike, carp, catfish and bass), hiking and horseback riding trails, river recreation and camping. The lower site provides entree to 54,000 acres of Federal Bureau of Land Management land, which includes the Blue Ridge Trail network. Park officials hope someday to build a footbridge across the creek providing access to many additional acres of public land. For information on hiking opportunities in and around Cache Creek Canyon Regional Park, visit www.yolohiker.org (created by Andrew Fulks, Yolo County resident and member of the Parks, Recreation and Wildlife Advisory Committee).

As the county's only campground, and

Please see CACHE CREEK, p. 9

Another dreaded birthday is here already

My Back Pages



By Daryl Fisher

"Well," said my daughter last weekend with that wicked little smile she inherited from her mother as the whole family sat around the dinner table, "it's almost here again, isn't it, Dad?"

"What's almost here?" I asked.

"August 18th -- another birthday," she answered, still smiling.

"Oh, that," I said, quickly trying to think of something which might change the subject.

"Hey, that's right," said my oldest son with a chuckle, "you're going to be 60, aren't you?"

"I'm only going to be 59," I quickly reminded him.

"What's the difference," he pointed out.

"There's a big difference," I insisted.

"Like what?" he asked with interest.

"Well, for one thing," I replied, "I probably won't be able to kick your butt when I'm 60!"

"Hey, you couldn't do that on your best day anyway," he assured me with confidence.

Then out of the blue my youngest son eagerly suggested to everyone that they should have a big birthday party for me this year.

"No party!" I pleaded.

"Why not?" asked my daughter.

"People my age aren't into birthday parties," I explained. "The goal is to forget the darn thing is even happening -- not go around celebrating it."

My beloved family finally did change the subject, but the one they came up with turned out to be all the wonderful things which happen to men who are getting close to 60 (false teeth, baldness, frequent urination and impotence were just a few of the topics they managed to cover), and I found myself thinking back to when birthdays (and especially birthday parties) really were fun. Back when my mother would bake up a huge chocolate cake, fill the freezer with homemade ice cream, and then invite my neighborhood friends over to the house where we would play all kinds of fun games until it was finally time for the best part of the whole day -- opening my birthday presents! And what presents they were, too! No socks or underwear or ties or books or sweaters like you get when you're all grown up, but truly wonderful gifts, like brightly painted toy cars and trucks, and model airplanes that took forever to put together, and big packets of baseball trading cards which just might have my favorite player (Willie McCovey) in them, and cap guns that sounded and smelled so good after you pulled the trigger, and if the gods were really smiling on me, maybe even a new baseball glove or football helmet from my parents, or like what happened one glorious year, a brand new shiny bicycle from my grandparents.

"Are you listening to any of this?" my daughter suddenly asked me, noticing that my mind was far away from the conversation going on all around me.

"Not a word," I answered.

"That's what I thought," she said. "We've started making plans here. Do you want a birthday party or not?"

"Not!"

"Well, you're getting one, so deal with it!"

Anyway, a few days later, when for whatever reason turning 59 didn't seem so bad after all, I was reminded of the following 25 actual "Benefits of Growing Old", which a thoughtful *News-Ledger* subscriber gave to me in a very nice card way back on my 50th birthday to cheer me up:

1. Your secrets are safe with your friends because they can't remember them either.
2. Your joints are more accurate than the National Weather Service.
3. Your eyes won't get much worse.
4. Your back goes out more than you do.
5. When you talk about "good grass" you're referring to someone's lawn.
6. Your ears are hairier than your head.
7. You sing along with elevator music.
8. You send money to PBS.
9. You don't try to hold your stomach in, no matter how good looking the woman is who walks into the room.
10. You no longer think of speed limits as a challenge.
11. You have a big party for your friends and the neighbor's don't even realize it.
12. You watch cable TV for the weather channel and the old black and white movies.
13. You get into heated arguments with people about pension plans.
14. You find yourself constantly talking about the price of gasoline.
15. You consider good coffee to be one of the most important things in life.
16. You can get along without sex but not without your glasses.
17. You can actually eat dinner at 4 p.m.
18. The thought starts creeping into your mind that the clothes you buy now won't have time to wear out.
19. There's nothing left to learn the hard way.
20. People call at 9 p.m. and say, "I'm sorry, did I wake you?"
21. When you travel out of town you get to visit the bathroom at each rest stop.
22. It keeps getting harder and harder for sexual harassment charges to stick against you.
23. Your investment in health insurance is finally beginning to pay off.
24. People no longer view you as a hypochondriac.
25. And in a hostage situation, you are most likely to be released first.

'Across the Bridge':

Events around the region

Ombudsman training

Volunteers interested in helping resolve problems and promoting respect and dignity in Yolo County long-term care facilities for seniors are encouraged to become a certified Ombudsman. Free classes will begin September 11th in West Sacramento. Volunteers monitor facilities and assist with investigations of complaints and reports of elder abuse. Anyone who is interested can contact Ombudsman Services of Northern California at 376-8910.

Book sale

No More Homeless Pets (NMHP) in Sacramento County will hold a used book sale on August 26-27 at Country Club Plaza Mall, 2310 Watt Avenue in Sacramento. Proceeds from the sale will benefit NMHP, a coalition of traditional shelters and animal control agencies desiring to end euthanasia as a means of pet population control in Sacramento County. For more information go to www.nmhpsacto.org.

Volunteers needed

The El Dorado Women's Center needs volunteers to work with victims of domestic violence and sexual assault and their children. An in-depth volunteer training begins August 21st at 6 p.m. at the Center, 1248 Broadway, Suite C, in Placerville. They need Spanish speaking advocates, legal advocates, shelter advocates, and crisis line and auction volunteers. The For more information call 530-626-1450, ext. 21.

ALS support group meets

The ALS Association, Greater Sacramento Chapter, will hold their monthly support group meeting on August 19th from 10-12 a.m. at the Sutter Cancer Center, Classroom 1 & 2, 2800 L Street in Sacramento. For more information call 979-9265.

Fashion show

A vintage fashion show will be held at the historic Trinity Episcopal Church, 410 Wool Street in Folsom on August 26th from 2-4 p.m. The show will feature work and play outfits over the decades, including a military uniform, a bathing suit, and other designs from 1877-1970. Tickets are $12. For more information call 985-2707.

Help for grandparents

If you are a grandparent and raising kids again, you are invited to "Second Time Around", a helpful, informative event for grandparents and those with children in kinship care. There will be panels, speakers sharing with other caregivers, and a resource fair. The event is free and will be held on September 9th from 8:30 a.m. to 2:30 p.m. at American River College. For more information, call 486-1876, ext. 129.

Greek festival

St. Katherine Greek Orthodox Church invites the community to attend a "Weekend in Greece" which will take place at the church, 9165 Peets Street, across from the Laguna Town Hall in Laguna West, Elk Grove, on Septem-

Please see BRIDGE, p. 4

OBITUARIES

Delphine S. Hampshire

Delphine Hampshire passed away on August 13, 2006 in West Sacramento at the age of 86. She was the beloved wife of 54 years to the late Lester Hampshire; the loving mother of Ellen (husband David) Lewis of West Sacramento and Emily (husband Don) Colbert of Auburn; the dear sister of Wendall, Harold, Benny and Emery Penrose; the devoted grandmother of Douglas, Jennifer, Ronda and Sarah; and the great grandmother of Cameron, Kyle, Brandon and Brianna.

Her family meant everything to Delphine and she will be dearly missed and loved by them forever.

Graveside services will be held on Thursday, August 17, 2006 at 11 a.m. in the Odd Fellows Lawn Cemetery on Riverside Boulevard in Sacramento. Memorials preferred to your charity of choice. Arrangements handled by River Cities Funeral Chapel of West Sacramento.

Elaine B. Muse

Elaine Muse passed away on August 11, 2006 in West Sacramento at the age of 76. She was born on June 11, 1930 and was a native of Ogden, Utah. She is survived by her loving husband of 59 years, Joseph Muse; her children, Lois Muse and Glen (Ginger) Muse; her sisters, Phyllis Morrison and Carol Reiff; her grandsons, Jeremy (Erin) and Jason; and her great grandson, Conner. She was preceded in death by her parents and two sisters.

Elaine was a member of the Church of Latter Day Saints and will be greatly missed by all those who knew and loved her.

The family invites friends to attend a funeral service on Wednesday, August 16, 2006 at 1 p.m. at Sunset Lawn Chapel of the Chimes, 4710 Marysville Boulevard in Sacramento. Remembrances may be made in her name to The Diabetes Association.

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News submissions: The *News-Ledger* welcomes information on local news and events. Please submit written news items to the below address by mail or in person, or through the office mail slot. News deadline is Friday before publication. Please include your name for attribution and your phone number in case we have any questions.

Opinion submissions: Letters to the Editor on topics of local interest are welcome. They must be signed, original, and must include the author's telephone number and address for verification. Letters should be brief and may be edited for length or objectionable or libelous content. Deadline is Friday before publication, and letters may be mailed or dropped off at the *News-Ledger* office.

Advertising: The deadline for classified advertisements is Monday at 5 p.m., and ads should be prepaid. An ad of up to 25 words costs $3.50, plus 10 cents for each additional word, per publication. Please mail ad and payment to the address below, or drop it off in the *News-Ledger* office or through the office mail slot.

Deadline for all other advertising is 5 p.m. on Friday. Please call 371-8030 for information on display advertising and advertising inserts.

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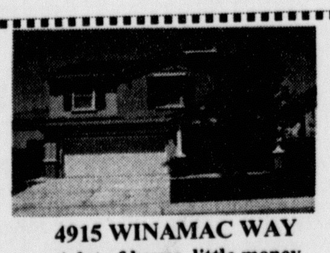

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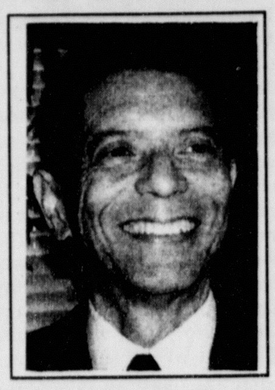
SPORTS INSIDER

By Richard Novoa



By Richard Novoa

With the start of the NFL season just three weeks away, it's out with the old and in with the new. Out goes 12-time Pro Bowl linebacker, Junior Seau, who calling it quits after 16 seasons and in with the new as USC quarterback, Matt Leinart signs a huge deal with the Cards. Leinart, who is the last of the first round holdouts, signed a sweet $51 million, six-year deal with the Arizona that guarantees him $14 million and just think he was the 10th pick in the draft!

The NFL also crowned a new commissioner last week with the appointment of 47-year old, Roger Goodell replacing Paul Tagliabue, who retired after 17 years. The son of former U.S. Sen. Charles Goodell of New York, he has been Tagliabue's top assistant, particularly on expansion and stadium construction. In 2000, he became the NFL's chief operating officer.

One of Goodall first actions was to fine Saints running back Reggie Bush $10,000 dollars for wearing his gold Adidas cleats. The NFL only allows players to wear Nike or Reebok shoes during games because of marketing partnerships. I wonder if Roger knows that Adidas and Reebok merged a few years ago?

Diamond Notes

The Oakland A's (66-52) and San Francisco Giants (55-63) are heading in different directions in the standings. The G-Men have lost 16 out their last 19 ball games and have slipped in the cellar trailing the division leading Dodgers by 7 ½ games. The Dodger blues have won 15 of 16 including a 3 game sweep of the Giants last week.

The Giants are at the make or break part of the season with a crucial 4 game series in San Diego followed by a three game weekend series against the Dodgers at AT&T. Can you say, "Sweep"!

The A's are playing great ball and seem in control of their destiny as they finish up their current home stand against Seattle and then hit the road to Kansas City, Toronto and Texas.

NFL Notes

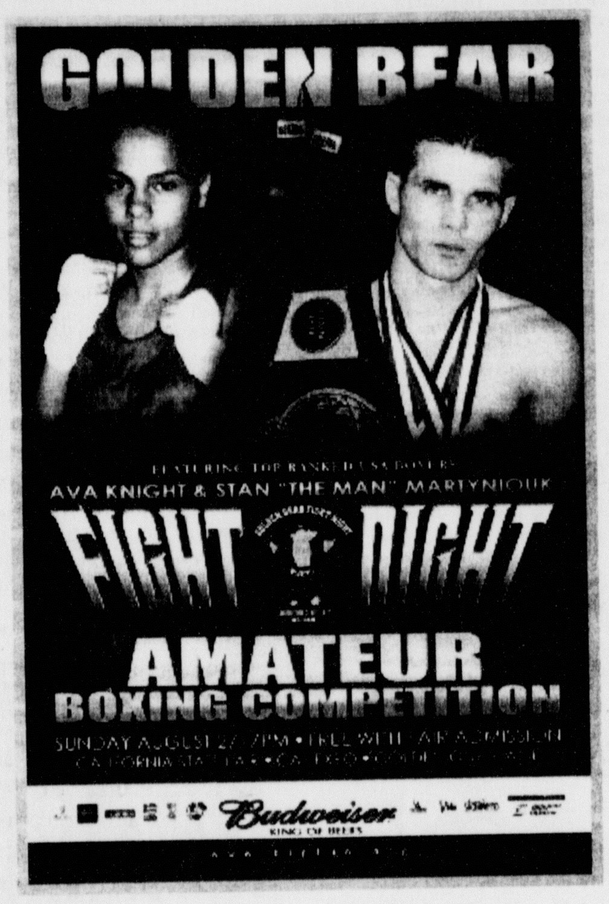
Alex Smith guided the 49ers to their first victory of the early season against the Bears last Friday night but what was more important was the fact that the second year QB looked real sharp especially on the Niners newly designed rollout passing plays.

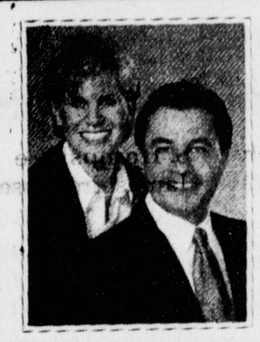
Offensive coordinator, Norv Turner is going to make Smith roll out this season to use his mobility. Also, the Niners added a few new offensive linemen to protect their $60 million investment and with the addition to Frank Gore at running back, to catch more screen passes, and the return of tight end Eric Johnson the 49ers might win six games! Oh, I forgot you have to play defensive too!

The 49ers traded no tackling cornerback Mike Rumph to the Redskins for little used wide receiver from Taylor Jacobs. Rumph had a bad day at the office against the Bears last Friday missing 4 open field tackles. The scoop on Jacobs is he probably won't make the team but the 2003 second round pick out of Florida couldn't crack the Redskins receiver rich roster.

The Niners need to strengthen their receiver corps and are even considering signing Bronco receiver Ashley Lelie. The Niners current wide receiver unit consists of Antonio Bryant, Arnaz Battle, Bryan Gilmore, Brandon Williams, Rasheed

Please see SPORTS, p. 5





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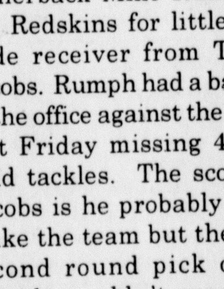

by Chris Richcreek

1. Name the last major-league player to hit less than .190 for a season in which he had at least 400 at-bats.
2. Who has recorded the most single-season home runs in Atlanta Braves history?
3. Who was the first quarterback in Division I college football history to run for at least 4,000 yards and throw for at least 8,000 yards during his career?
4. Which NBA team has lost the most NBA Finals?
5. When was the last season before 2005-06 in which the St. Louis Blues did not make the NHL playoffs?
6. When was the last time a Pontiac driver won NASCAR's Nextel All-Star Challenge (once known as The Winston)?
7. What was the record number of consecutive grass-court tennis events Bjorn Borg won before Roger Federer set a new mark this year?

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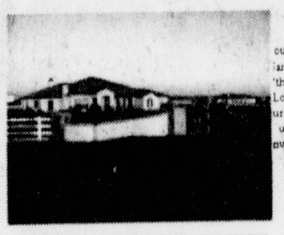


12820 Yearling Court
$1,109,500
country Living at its Finest! This 5,645 sq ft Santa Fe Estate model is located at the JTS "the ranch". An architectural dream home. Lovely 5bdrm/4ba home is on 3.22 acres, surrounded by spectacular views. Dave into upscale equestrian development to your private & gated estate with circular driveway
Victoria Millan
916-955-4044

2855 Monte Vista St
$465,000
Absolutely immaculate 2004 home with over 2,500 sq ft of awesome features and upgrades! 4 bedrooms plus spacious loft and master retreat. Large yard with no rear neighbors & possible RV parking
Jina & Perry Palamidessi
916-425-1270

3505 Lewiston Road
$599,000
Beautiful Bridgeway Lake! Over $75K in upgrades including solid Hickory Floors and custom tile in this 3,567 sq ft home. 4-5 bedroom, 3 full baths with a huge loft and 3-car garage
Marty Swingle
916-718-7134

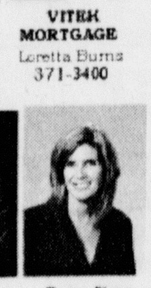
1600 Maryland
$308,000
This one of a kind and neighborhood that inspired Norman Rockwell. All the charm & coziness of yesteryear with all the comforts of today! One of the most desired streets in the state street area. Go to ppell@golyon.com to view virtual tour
Peggy Bell
916-203-3345

2677 Rogue River Circle
$474,000
This Pacific Mountain Home surpass the other's on the market with its quality of craftsmanship, innovative designs and exceptional value. Pacific Mountain home with great curb appeal on corner lot. 4 bedroom & 3 baths home with 2,423 sq ft of living space. The kitchen is a pleasure to cook in with granite countertops and cherry cabinets
Juan Ramirez 916-397-9683

3335 Aruba Street
$499,900
Drastic price reduction! Exquisite JTS home in prime condition, upgraded tile flooring & countertops, plantation shutters, custom blt Bar & media niche, 3-car tandem garage, custom paint, awesome backyard with overhang & BBQ island
Chris Palamidessi
916-834-7003

MANAGER
Leslie Belton
376-8060

TRANSACTION COORDINATOR
Kim Gould
376-8080



VITEK MORTGAGE
Loretta Burns
371-3400

Paola Anthony
376-8059

Debbie Bair
802-8447

Peggy Bell
203-3345

Tracey Bloom
397-1990

Beverly Brown
376-8058

Kammy Hill
376-8018

Tiffany Dye
376-8055

Leah Hertel
376-8048

Craig Jeske
376-8056

Terrell Lowery
849-3689

Jerry Mason
804-0166

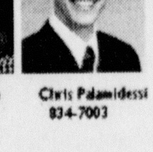
Victoria Millan
955-4044

Chris Palamidessi
834-7003

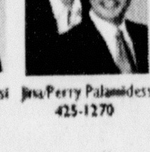
Jina/Perry Palamidessi
425-1270

Jim Platt, SR
375-1122

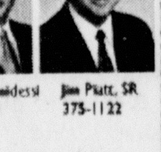
Juan Ramirez, JR
397-9683



Marty Swingle
376-8061



Vicki Thomson
530-219-4364



Eva Traile
205-5598

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BRIDGE from page two

—ber 23-24. Admission is free and there will be delicious Greek food and beverages sold, Greek music and dancing, and guided tours of the Byzantine style Greek Orthodox Church. For directions and more information, call 683-3443.

Crocker ceramics exhibition

Beginning July 22nd the Crocker Art Museum, located at 216 O Street in Sacramento, will feature *Craters from Fire: Ceramics by James Lovera*, a comprehensive exhibition of ceramics by the native California artist. More than 50 works in stoneware and porcelain will be on display. For more information call 264-5433 or visit crockerartmuseum.org.

Camp Sacramento

The City of Sacramento Department of Parks and Recreation's Camp Sacramento is the perfect affordable family vacation. Supervised recreation programs with friendly and entertaining staff and a beautiful setting are currently available for mid-June to mid-August. Camp Sacramento is located in the El Dorado National Forrest where you will be able to explore nearby forests and streams or simply just relax. To register or for more information on fees, call 808-6098 or email campsacramento@cityofsacramento.org.

Antique quilts and clothing show

The Folsom History Museum will hold their 26th Annual Antique Quilt and Vintage Clothing Show from July 29 to August 30. "Women's Work" is this year's theme and over 40 antique quilts will be featured. For information about admission prices and exhibit hours call 985-2707.

The Folsom History Museum is located at 823 Sutter Street in Folsom.

Free job training

The Sacramento County Office of Educational Regional Occupational Program (ROP) is offering tuition-free career preparation training to both adults and high school students in fields such as automotive mechanics and collision repair, computer and business technology, hospital and community health, building repairs and dental assistance. Classes are held throughout the Sacramento region. For registration information call 228-2721, or go online to www.sacrop.org.

Down syndrome information

The Down Syndrome Information Alliance Education Series features programs on the first Tuesday of each month with the hope of improving the knowledge of individuals and families affected by Down syndrome. Experts in education, advocacy, health care, etc., make presentations and a free light dinner and childcare is provided. The

Please see BRIDGE, p. 5

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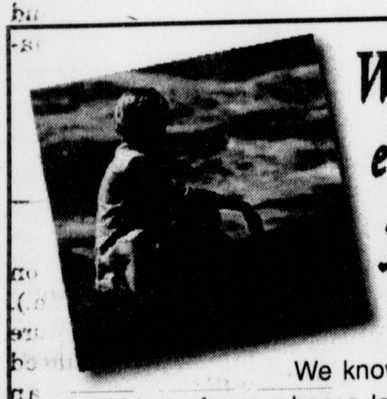

We take care of everything when you can't think about anything.

We know what it's like not to be able to focus when a loved one dies. We know how hard it is to function. Especially when there's so much to do, so many decisions to make. If there's any comfort to be found, it's in knowing that every detail that needs to be taken care of will be. We know it's never easy, but we'll make it as easy as possible.

River Cities Funeral Chapel
(916) 371-4535
910 Soule St, W Sacramento, CA 95691

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INVITATION TO BID

Sealed proposals will be received at the office of the Port of Sacramento, City of West Sacramento, 1110 West Capitol Avenue, 1st floor, West Sacramento, California until **10:00 a.m. local time on Thursday August 31, 2006**, at which time and place they will be publicly opened and read aloud for the:

Transit shed 7 reroof
Port of Sacramento

The proposed work consists of the following:

Description of Work: The project is the removal of the existing built-up roof and the installation of a new builtup roof with special walkway surface in the area of the existing conveyors as indicated on the roofing plans, schedules and as directed by the Engineer.

Completion of Work: Time to complete is estimated at 3 weeks from Notice to Proceed. Cargo operations require that work be done expeditiously. Contractor time to complete will be evaluated as part of award consideration.

Mandatory Job Walk: A mandatory job walk will be held at the Port of Sacramento, 2895 Industrial Blvd., West Sacramento, CA on **Friday, August 25 at 10am**. All Bidders must attend this job walk. Bidders will assemble at the Port's Main Gate parking lot and will proceed to site as a group. Photo ID req'd for all persons.

Obtaining Contract Documents: The Transit Shed 7 Reroof plans, schedules and specifications may be examined at the desk of the Port of Sacramento, City of West Sacramento, 1110 West Capitol Avenue, 1st floor, West Sacramento, California. A copy of bid documents may be obtained at the office upon request and payment of $25.00 or may be mailed upon request and payment of $30.00. The amount of the payment is non-refundable.

Aug 16 23

INVITATION TO BID

Sealed proposals will be received at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California 95691, until **2:00 p.m. local time on Wednesday, September 4, 2006** at which time and place they will be publicly opened for the construction of:

Sam Combs Park
Located at 205 Stone Blvd

Optional Site Walkthrough: A site walkthrough is scheduled on the following date:

Wednesday
August 24, 2006 at 2:00 p.m.

The site walkthrough is offered as an opportunity to view site conditions and meet City Facilities Development Division staff assigned to the project.

The proposed work consists of the following:

Description of Work: The work will consist of the construction of new concrete sidewalks, concrete walkways and remove and replace the existing paved parking area, and all related components necessary to complete the work as specified in the Contract plans titled, "**Sam Combs Park**", and these Specifications. In addition, the work includes the replacement of any permanent and temporary facilities removed or damaged as a consequence of the execution of this Contract.

Completion of Work: All construction work shall be completed within **Forty Five (45) calendar** days from the date designated on the **Notice to Proceed**.

Obtaining Contract Documents: Plans and specifications may be examined at the office of the Director of Community Development, 1110 West Capitol Avenue, 2nd floor, West Sacramento, California 95691. A copy of bid documents may be obtained at the office upon request and payment of **$25.00** or may be mailed upon request and payment of **$35.00**. The amount of the payment is non-refundable.

Bid Guarantee:

Each proposal must be accompanied by cash, a cashier's check, certified check or bid bond, executed on the prescribed form, in an amount not less than ten (10) percent of the total bid price payable to the City of West Sacramento. The Proposal Guarantee must be enclosed in the same envelope with the Bid. A Bidder's Bond will be accepted only if it is made out on either the Bidder's Bond form enclosed in these documents or on a form which conforms to it.

Construction License: The successful bidder must possess a current a **Class "A" General Engineering Contractor's License** issued by the State of California.

Award: The award shall be made to the lowest responsible bidder for the base bid, whose proposal complies with the specified requirements and according to the "selection policy and criteria" outlined below. The award of Contract will be made by the Director of Community Development, and the Contractor shall execute the Contract within ten (10) days after he has received the Contract from the City.

Selection Policy and Criteria: Staff will conduct an evaluation of all bids before an award is made. Consideration will be given to:

- Experience in project management, inspection oversight, material testing, oversight of projects similar in type, size, and complexity.
- Character, integrity, reputation, judgment and efficiency of the contractor.
- Quality of the contractor's performance on previous projects contracted with the City.
- Contractor's understanding of the City's desires and general approach to the project as demonstrated in the project description and scope of work.
- Completeness of the work included in the Bid.
- Qualifications of the Contractor's staff being assigned to this project.
- Demonstrated ability of the Contractor to perform high quality work, to control costs and to (meet time schedules) provide the required staff to meet City's schedule.
- Demonstrated ability to work effectively with City staff in a co-management environment and familiarity with local conditions.
- Proposed work plan and Services provided.
- Price (Overall cost.)

Wage Rates: Bidders are hereby notified that the California Director of Industrial Relations has determined the general prevailing rate of wages for each craft, classification, or type of worker needed to execute the work.

Bonds: The successful bidder will be required to furnish a payment bond in an amount equal to one hundred (100) percent of the Contract price, and a faithful performance bond in an amount equal to one hundred (100) percent of the Contract price.

Rejection of Bids:

a. Bids may be rejected if they show any alterations of form, incomplete bid, erasures, additions not called for, or irregularities of any kind.

b. The City of West Sacramento reserves the right to waive any minor irregularity or clerical error and award the contract, provided the minor irregularity or clerical error does not materially affect the bidder's bid.

c. The City of West Sacramento reserves the right to reject any and all bids.

Conditions of Bid:

A. The City will not be liable for any cost incurred in the preparation of the bid.

B. The submission of a bid shall be prima facie evidence that the bidder has full knowledge of the scope, nature, quantity, and quality of work to be performed.

C. The City may, at its sole discretion, not proceed with this bid process, or accept or reject any and all responses submitted to this bid. All submittals shall be the property of the City of West Sacramento.

Aug 9 16

SOUTHPORT SELF STORAGE
RV Storage Now Available!

$100.00 OFF! self-storage
With this coupon, for new customers with 3-month rental
Exp. 8/31/2006

At the corner of Promenade & Southport Parkway
3080 Promenade St., W. Sac.
(916) 372-0980

Do you know who this early resident of West Sacramento is?

Visit the West Sacramento Historical Society Museum & Visitor's Center to find out!
324 Third Street
Open 10am-4pm Thursday & Friday
Open noon-4 p.m. Weekends
Phone: 374-1849

Havey's Barber Shop

William 'Bill' Havey, Jr.
849 Jefferson Blvd., Suite 103
West Sacramento ● 371-4921
Next door to 'La Bou'

LOG from page five

and a plastic bag with 0.4 grams of methamphetamine in another pocket. The man was also driving with a suspended license. He went to jail.

Aug. 12, 7:35 p.m.

A woman reported an incident on the 1600-block of West Capitol. She said a male suspect kicked her car, causing a large dent in the door, and threatened to slash her tires. The man pulled a knife, she said, and approached her vehicle. She drove away and called police with the license plate number of the suspect. The man was arrested at his Evergreen Avenue home.

Aug. 13, 3:28 a.m.

A 22-year old Sacramento man and two West Sacramento men age 21 and 25 were arrested on Washington Avenue. They were believed to have arrived at the 1600-block of West Capitol in an Acura Integrity and assaulted two victims with a crowbar. The victims required medical treatment.

Aug. 13, 5:20 p.m.

A 42-year old man was arrested after an incident on the 2300-block of West Capitol. The suspect hit a victim in the face with a grocery bag that had a 750 ml. bottle of brandy in it. An ambulance crew reported that the victim's nose might be broken, and he had severely swollen eyes.

Aug. 13, 8:15 p.m.

A victim told police that a man had stolen items from a store at Harbor & West Capitol, and the victim pulled the items from the back of the suspect's pickup truck before the suspect drove away.

The suspect then backed up and hit the vehicle and fled the scene, with the victim following. The suspect was caught by police at the 1000-block of Jefferson.

Ask Dr. Elston

Skin Health Solutions

(NAPS)—*There may be more to caring for the skin you're in than many people realize. Here, from a noted dermatologist, is an answer to a common skin care question.*

Q. I'm never surprised when my four-year-old son comes in from playing outside with cuts or scrapes. But recently, a cut on his forearm has become red, swollen and a little "blistery." I've washed the area with soap and water and applied a warm, wet washcloth to relieve the pain but it's still scabby and swollen. Should I take him to see the doctor?

—Worried Mom

An inflamed cut should be seen by a doctor who can prescribe an antibiotic if necessary, health experts say.

A. Dear Worried:

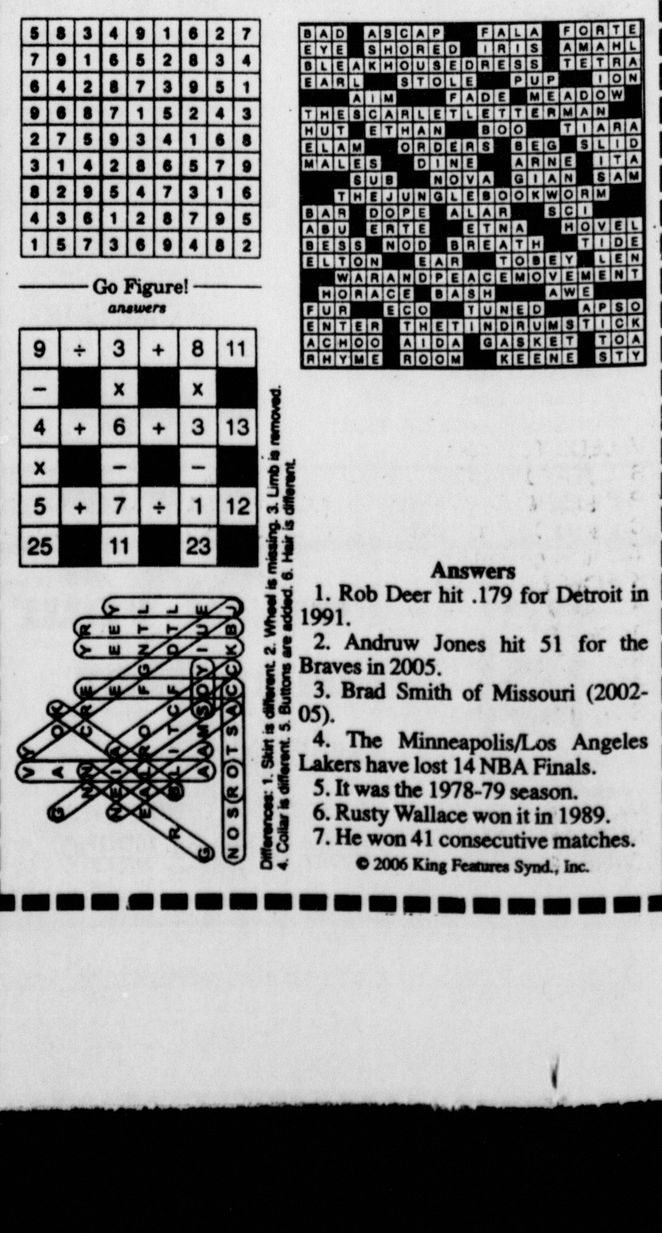
You probably should. Red, swollen, blistery skin may be a sign of a skin infection, which can occur when bacteria come in contact with an open cut or scrape.

If you suspect your child has a skin infection, cleaning the area with soap and water is a good first step, but it's also very important to call your doctor. Early treatment can prevent the infection from becoming more serious. If the doctor determines that your child has a bacterial skin infection, the physician may prescribe an antibiotic. There are many available, including some that taste good and have convenient dosing options.

Symptoms usually begin to go away within a few days after your child starts taking the medicine. It is important, however, to finish the entire course of the antibiotic as prescribed, even if your child is feeling better. If the child does not take all of the antibiotic, it might not cure the infection. Be sure to communicate with your doctor if symptoms do not improve, if they worsen or if new symptoms appear.

• *Dirk Elston, M.D., is an Associate in the Department of Dermatology at the Geisinger Medical Center in Pennsylvania. For more information on children's skin infections, see your doctor.*

ANSWERS to Sports Quiz (P. 3) & Puzzles (P. 8)



Go Figure!
answers

9	÷	3	+	8	11
−		×		×	
4	+	6	+	3	13
×		−		−	
5	+	7	÷	1	12
25		11		23	

Differences: 1. Skirt is different. 2. Wheel is missing. 3. Limb is removed. 4. Collar is different. 5. Buttons are added. 6. Hair is different.

Answers

1. Rob Deer hit .179 for Detroit in 1991.
2. Andruw Jones hit 51 for the Braves in 2005.
3. Brad Smith of Missouri (2002-05).
4. The Minneapolis/Los Angeles Lakers have lost 14 NBA Finals.
5. It was the 1978-79 season.
6. Rusty Wallace won it in 1989.
7. He won 41 consecutive matches.

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POLICE LOG

Aug. 8, 10 p.m.
A police sergeant stopped a 73-year old man driving with two flat tires near Westacre Road and Laurel. The driver exited his vehicle staggering, and admitted having had five beers. He could not complete a sobriety test, and was arrested for DUI.

Aug. 10, 7:31 a.m.
A Todhunter Avenue resident reported that a woman around 20 years old had just banged on her door, claiming she had just been sexually assaulted at a park.

Aug. 10, 8:22 a.m.
An outboard boat motor was reported stolen from a Duluth Street business.

Aug. 10, 12:11 p.m.
A caller reported that a car just took out a neighbor's fence. The suspect's vehicle, a green SUV, left the scene – but its bumper and license plate did not.

Aug. 10, 3:34 p.m.
A Devon Street resident said someone had used his or her name to open accounts and do other stuff at a gambling website.

Aug. 10, 4:05 p.m.
An officer contacted a 35-year old man at a motel on West Capitol Avenue. During the contact, the officer saw a small baggie of crystal methamphetamine on the floor near the man's feet. The subject was arrested.

Aug. 10, 12:41 p.m.
A 34-year old Savannah Lane apartment resident was arrested for entering a vacant apartment and stealing three interior doors.

Aug. 10, 4:52 p.m.
A Merkley Avenue restaurant reported receiving $2,800 in counterfeit checks on August 3.

Aug. 10, 5:56 p.m.
A caller said he had been on a tractor at a construction site near Evergreen and Sycamore when he was shot with a BB gun. Some juveniles may have been in the area at the time.

Aug. 10, 6:41 p.m.
At apartments on Pecan Street, a caller reported that a Dodge pickup truck with no license plates was parked. Then three men arrived in a Corolla, wiped the doors of the pickup and left in the other vehicle again.

Aug. 10, 6:46 p.m.
A Todhunter Avenue resident reported that an 11-year old boy had just been hit in the face several times by a 13-year old suspect. The victim had a bloody nose.

Aug. 10, 7:44 p.m.
A male and female were found near a bush on the 900-block of Sacramento Avenue doing "inappropriate touching."

Aug. 10, 8:07 p.m.
At a Southport supermarket center, a 1990 Toyota truck was reported to have been stolen sometime since 11 a.m.

Aug. 11, 2:19 p.m.
An officer watched a 36-year year old woman he believed was "loitering for prostitution" on West Capitol Avenue, and saw her get picked up by a driver. The woman was arrested. She had arrest warrants.

Aug. 11, 4:05 p.m.
A 19-year old woman was arrested as a co-conspirator in the robbery of a store at Harbor Blvd. and West Capitol Avenue.

Aug. 11, 6:43 p.m.
A police officer was dispatched to a Sacramento hospital, where a north-West Sacramento woman said her 40-year old boyfriend had grabbed her hair and pulled three times, and had hit her in the nose. A nurse confirmed the victim was injured. The man was arrested.

Aug. 11, 11:01 p.m.
A 38-year old Live Oak man was pulled over while driving near 3rd and West Capitol. He admitted having rock cocaine in the vehicle. An officer found a bag with 2.5 grams of methamphetamine in it.

Aug. 12, 5:49 p.m.
A 36-year old male driver was stopped for expired registration near 5th and A streets. A warrant check showed he was on parole. A search turned up a four-inch switchblade in his rear pocket

Please see LOG, previous page

New at your local library

By Elise McCallan
Arthur F. Turner Branch Library
1212 Merkley Ave.
West Sacramento

The Arthur F. Turner Branch Library has received the following new books:

"Crash-Proof Your Kids: Make Your Teen a Safer, Smarter Driver" by Timothy C. Smith.

"The Voyage of the Vizcaina: The Mystery of Christopher Columbus's Last Ship" by Klaus Brinkbaumer and Clements Hoges.

"Unholy Messenger: The Life and Crimes of the BTK Serial Killer" by Stephen Singular.

"The Tipi: Traditional Native American Shelter" by Adolf Hungrywolf.

"Complete Guide to Embroidery Stitches."

Ahead in local government

The **West Sacramento City Council** will meet tonight in public session at 7 p.m. at the civic center, 1110 West Capitol Avenue.

Agenda items will include a contract for professional services related to a proposed downtown streetcar service; creation of a "preferential permit parking area" near River City High School; approval of a compensation package for city department heads; a hearing on the community development block grant program; and consideration of adjustments to the current city budget.

The **Bond Oversight Committee** of West Sacramento's school district will meet tonight at 6 p.m. at the district board room, 930 Westacre Road.

The committee will talk about the annual audit process and hear an update on the planned new high school.

BRIDGE from previous page

Down Syndrome Information Alliance meets at the Sutter Cancer Center, 2800 L Street in Sacramento. For more information, call 658-1686 or visit www.downsyndrome-info.org.

Alzheimer's society meets
The Alzheimer's Aid Society of Northern California Support Group for the Memory Impaired will meet the 2nd and 4th Wednesday in August at 10:30 a.m. at the Alzheimer's Aid Society Office, 2641 Cottage Way, Suite #4 in Sacramento. For more information on other related groups and meetings, call 448-7001.

Widowed persons meet
The Widowed Persons Association of California encourages widowed men and women to come to Sunday Support get-togethers each Sunday from 3-5 p.m. at the Widowed Persons Association office, located at 2628 El Camino Avenue, Suite D-18.

Activities include bowling, brown bag opera, needle and thread, breakfasts, dinners, golf, card games, dancing and traveling. For more information, call 972-9722.

SPORTS from page three

Marshall, Marcus Maxwell and ex-Sac. State receiver, Otis Amey. These eight guys aren't going to scare to many defensive units in the NFL.

Oakland outlasted the Vikings 16-13 on Monday night football but mostly on the foot of three Janikowski field goals. Backup QB, Andrew Walters, had another good day at the office completing 10-19 for 148 yards and one TD.

The "Battle of the Bay" between the Raiders and Niners will kickoff on Sunday, August 20th (5 p.m.) in Oakland. This game is just for early bragging rights because these two rivals will face each other for real on October 8th during the regular season.

Kings Korner
The Kings added more insurance to the team by signing of 7-foot-2 free agent center Loren Woods. The Kings will be stay under the luxury tax threshold of $65.42 million by paying him around $1 million for one year. Woods, who played for the University of Arizona, was drafted by the Timberwolves 2001 and has played the last two seasons in Toronto. He played in 27 games last season with the Raptors starting only in four. Anybody know what happened to Bonzi Wells?

The USA Basketball team is ready for the World Championships especially after going 5-0 by beating teams like China and South Korea by an average of 43 points per game.
The USA will open against Puerto Rico on Saturday, August 19th in Sapporo, Japan.

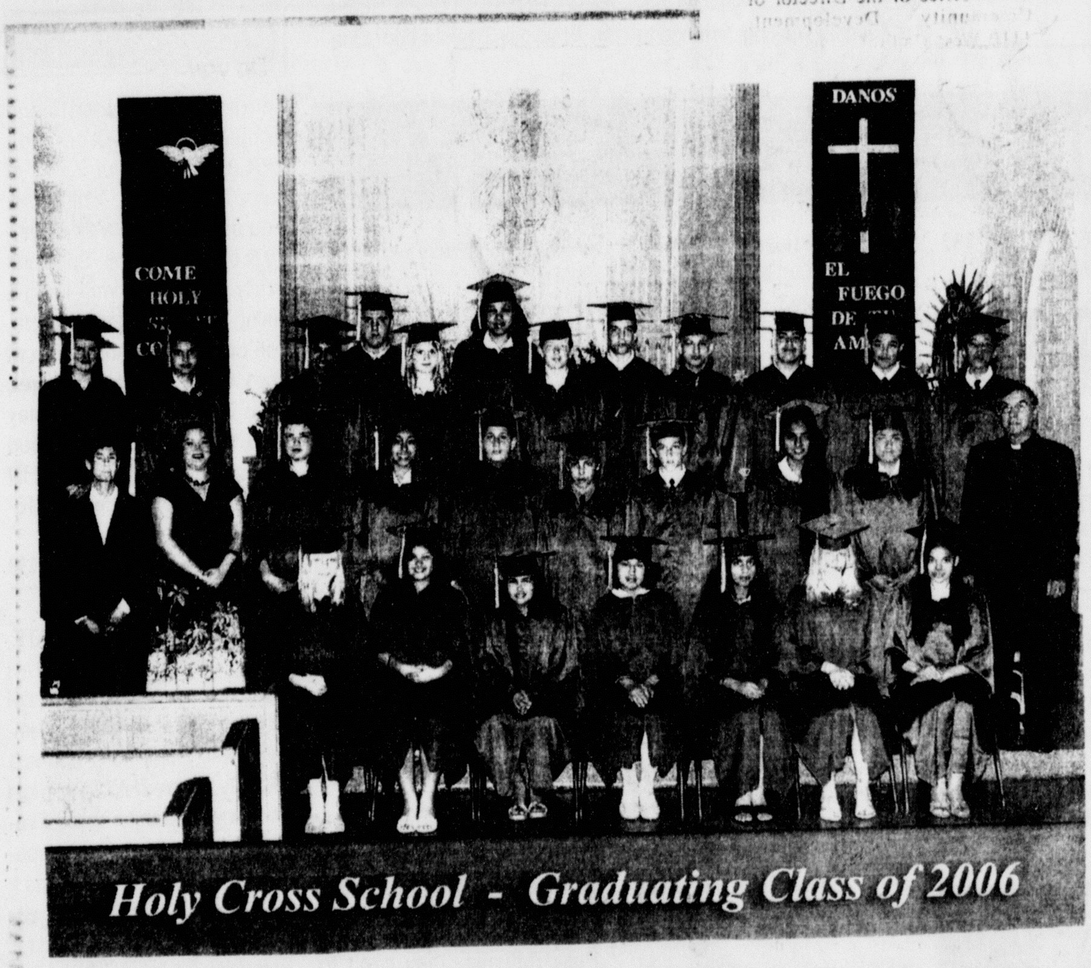
In the WNBA, the Monarchs (21-13) are set for the first round of the WNBA Playoffs with the best of three series to tip off Thursday (6 p.m.) in Houston. Game 2 on Saturday (12:30- ch. 10) and if necessary Game 3 against the Comets will be played in the friendly confines of the Arco Arena.

Between the Ropes
The "Golden Bear" Amateur boxing event is scheduled for the California State Fair on Sunday, August 27th (7 p.m.). The main event will co-feature USA boxing No. 2 ranked lightweight, Stan Martyniouk and No. 2 light heavyweight Brandon Gonzales. The card will also include 8 other exciting bouts at the Golden 1 Stage.

Also, the U.S. Postal Service will unveil the new Sugar Ray Robinson stamp before the matches and the event will also honor past boxing legends Sid Tenner (Sportsmanship), Otis Grimble (Best Bout of the Night), Don Conley (Best Male Boxer) and Pop Wilson (Best Female Boxer) with special awards to the best contestants. Your $10 admission the State Fair will get you into Cal Expo Fight Night.

Enjoy your day – see ya next week!

Holy Cross School



Holy Cross School - Graduating Class of 2006

CLASS OF 2006:

Back Row: Kevin Hawkins, Shawnmarie Andrews; Jeremy Janke
Third Row: Haillie Stober; Christina Collins; Moid Khan; Brooke Haugen; Brittany Tipton; Joel Demianew; Victor Flores, Jr.; Miguel Valencia; Carlos Alcala;
Second Row: Sister Jane Golden, RSM, Principal; Maria Quintero, 8th grade homeroom teacher; Jo Ana Gonzalez; Brenda Gonzalez; Yatoba Godina; Christopher Cardoza; Ryan Toomey; Amandip Kahlon; Erica Fierro; Father Giancarlo Mittempergher, CSS, Pastor
Front Row: Alex Slemmer; Rachel Valdez; Macie Galindo; Deiara Rangel; Tasvir Singh; Crystal Powers; Mariah Soto

CLASS OF 2006 - GRADUATION AWARDS

VALEDICTORIAN - *Moid Khan*
SALUTATORIANS - *Yatoba Godina; Tasvir Singh*
PRESIDENT'S AWARD FOR OUTSTANDING ACADEMIC EDUCATIONAL EXCELLENCE - Christina Collins; Yatoba Godina; Brooke Haugen; Amandip Kahlon; Moid Khan; Deiara Rangell; Tasvir Singh; Brittany Tipton
KNIGHTS OF COLUMBUS SCHOLARSHIP - Mariah Soto; Miguel Valencia
ALTAR SOCIETY SCHOLARSHIP - Brooke Haugen; Yatoba Godina
ALTAR SERVER AWARD - Mariah Soto
RELIGION AWARD - Mariah Soto; Brittany Tipton
SOCIAL STUDIES AWARD - Tasvir Singh
SCIENCE AWARD - Moid Khan
(Received top award for outstanding performance in the Holy Cross Science Fair and in the Sacramento Regional Science and Engineering Fair)
MATH AWARD - Tasvir Singh
NATIONAL GEOGRAPHIC BEE - Brittany Tipton
CALIFORNIA CENTRAL VALLEY (CCV) SPELLING BEE - Deiara Rangel
(School Finalist and CCV Oral Spelling Bee Achievement Award)

James Marshall High School
Class of 1976

30-YEAR REUNION

Saturday, September 30, 2006
2:00–6:00 pm

Information and registration forms available at
http://JMHS76.willats.com

Earlybird ticket prices end August 15th!

The Public is cordially invited to an informational workshop

Creating Financial Security...

Reverse Mortgages-Dispelling the Myths

Presented by ERA Mata Realty
American Pacific Reverse Mortgage Group
&
North American Title

When: Wednesday September 6, 2006 6:30 - 8:00 pm
Where: ERA Mata Realty 1035 Jefferson Blvd Ste 1 West Sacramento
Cost: NO COST

Refreshments will be served with a discussion of how Reserse Mortgages work.
Are they rifh for you or someone you know? Informational materials will be provided.
Friends and Family members are welcomed!

Seating is limited.
Please RSVP to Vicki Bourn, ERA Mata Realty
(916)372-3366

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Small jobs. One-time yard clean-up. Roof drains cleared, drain spouts flushed. Shrubs, small trees, stumps. Aerate, dethatch, Overseed, roll it in. High grass - residential. Equipped. Contractor #535496, Arborist, 20 years experience. Insured. (916) 371-9273.
51-2006

Trimming Specialist, C27 #535496. Styles, moisture control, security, screen, remove limbs rubbing roof edge, walls (stop damage). Dead limb, thin out, cross limb. Sun/shade balance. Backyard chipping. Arborist. Small jobs. 372-TREE (8733).
51-2006

Complete lawn care service. Weekly/bi-weekly. Irrigation install & repair. Sod/seed install & repair. Quality work, licensed. (916) 284-6905.
S-36tfn

HOMES FOR SALE

WHAT A GREAT DEAL! 503 Webster St. $314,800. Great 3 bdrm, 1 bath home located in heart of Westmore Oaks. Large living rm w/brick fireplace. Big kitchen has sliding doors to covered deck. CH/A. 2-car garage. JOHN KANE, Parkside Property, 916-373-5300. 'Your West Sacramento Specialist.'
43tfn

AMAZING DEAL! 3490 Cooper Island Rd. 1,850sf former model home on .39 (almost 1/2) acre lot for ONLY $469,000! Homes to Loans Consultants, Eileen, 730-5115 or 373-0200.
41tfn

BEAUTIFUL WESTMORE OAKS HOME: 1509 Norfolk Ave, $375,600. All you need to do is move in! Custom brick home (1400sq ft) has 3 bdrms, 2 full baths. Custom brick patio, large lot. Living room with fireplace. Hrdwd floors. Central heat/air. 2-car detached garage. Call JOHN KANE, 916-373-5300, Parkside Property.
47tfn

MOVE RIGHT IN. 1048 Charles St., $297,000. Great opportunity for this 3 bdrm, 2 bath home. Large lvg rm with brick fireplace. Kitchen updated & remodeled w/ new gas range & tile countertops. Newer thermo pane windows. Big 2-car garage w/new garage door. Freshly painted in & out. New carpet. CALL JOHN KANE, 916-373-5300, Parkside Property.
47tfn

HOME PORT REALTY LISTINGS

NICE DUPLEX. 2/1, painted, W/D hookup, appliances. Both sides avail. Great for large family. 530-666-3407. $825/mo + sec. dep. Pets considered.

1030 Maryland Ave: 2 bdrm/2 bath, $296,000. Adorable State Streets home w/new kitchen cabinets, new tile countertops & new tile floors. Dual-pane windows, central H/A, whole-house fan!

2001 Alabama Ct., 4 bdrm/2 baths, $280,000. Check out this large 4 bdrm house in state streets. Updated bathrooms, new roof, new int./ext. paint & new carpets.

1505 Fallbrook St: 2-3 bdrm/1 bath, $309,000. What a dollhouse! Cozy fireplace, hardwood floors, updated kitchen, remodeled bathroom. Did we mention the bonus rm?

501 Lilac Ln: 2 bdrms, 1 1/2 bath, $319,000. Huge! 1,650 sq ft with big backyard. The addition alone is about 800 sq ft with half-bath.

508 Seabrook Ct., 2 bdrm, 1 bath: $319,000. See to believe! 1,350 sq ft of living area with slider to lovely backyard. Big dining area with dining bar off kitchen. Newer comp roof, dual-pane windows, CH/A.

1009 Fernwood St: 3 bdrm, 1 1/2 bath, $359,900. Perfect home in Westmore Oaks. Cozy lvg rm w/frplc, formal dining & brkfst nook. Exceptional bkyrd.

1301 Bonita Ct: 3 bdrm/1 1/2 bath: $470k. It doesn't get much better! Wonderful home in desirable Westmore Oaks. 1600 sq ft, lovely quaint kitchen, formal dining rm, bonus rm with separate fireplace.

NEW LISTINGS COMING! CALL FOR ADDRESSES!
We have reasonable sellers!
CALL HOME PORT REALTY, 372-5933 Today!

CLASSIC STATE-STREET HOME! 1726 Alabama St., $284,800. This 'State Street' home has 2 bdrms, 2 full baths. Kitchen w/breakfast nook. Newer remodeled bathrooms. Laundry rm, detached 1-car garage.Home does need some TLC & is priced accordingly. Seller will credit buyer $5,000. Call JOHN KANE, 916-373-5300. Parkside Property, 'Your West Sacramento Specialist.'
51tfn

VALUE-PACKED OFFERING! This 3 bdrm home has been thoroughly updated. All-new floors, custom paint, new kitchen & bathroom. Over 1100 sf of living space. Also features central heat/air, dual pane windows, insulated walls, & an indoor laundry. Don't wait -- see it today! For more info & pictures, go to: www.jeffpuliz.com. 1916 Crown Ave., $286,000. Jeff Puliz, Parkside Property, 916-373-9600, jeff@jeffpuliz.com
43tfn

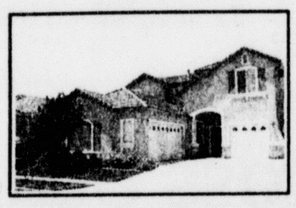
VISIT:
www.southporthomesforsale.com
32

ELEGANT BUT ECONOMICAL: This awesome Forecast home has many features & upgrades. Including hardwood flooring in kitchen, 10 foot ceilings, crown molding, & wired for surround sound. Both bathrooms have been updated with Marlite tub enclosures. SELLERS WILL CREDIT BUYERS $8,000 for closing costs with an accepted offer. For more info & pictures go to: www.jeffpuliz.com. 3303 Ballena Bay Rd., $444,370. Jeff Puliz, Parkside Property, 916-373-9600.
48tfn

NO NEED TO LOOK FURTHER! This cute freshly-painted 3 bdrm, 2 bath home features an open floor plan with over 1400 sf of living space. Great location close to Nugget Shopping Center & within walking distance to schools & parks. Priced reasonably & you could move in at once! For more info & pictures, go to: www.jeffpuliz.com. 3176 White Fish Bay Rd., $368,000. Jeff Puliz, Parkside Property, 916-373-9600, jeff@jeffpuliz.com
43tfn

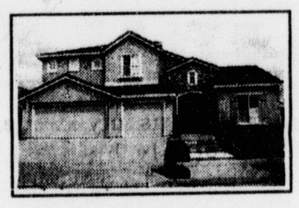
STOP BY AND LOOK! 1104 Cummins Way, $293,800. WOW! Four bedrooms and two full baths. Living room with fireplace. Large kitchen with tile countertops, electric cooktop range with built-in oven. Almost 1600sf. Freshly painted. Large driveway. House appraised at $303,000. CALL JOHN KANE, 916-373-5300. Parkside Property. 'Your West Sacramento Specialist.'
1tfn

GORGEOUS SOUTHPORT HOME! 2448 Barona St., $498,800. Great 3 bdrm, 2 1/2 bath home built in 2004. Large kitchen with entertainment nook & fireplace. Formal living & dining room. Master bdrm located on 1st floor. 3-car garage. A must-see! Move in today! JOHN KANE, Parkside Property, 916-373-5300. 'Your West Sacramento Specialist.'
44tfn



STUNNING MODEL-PERFECT HOME! 3112 Fiji Island St. Spacious 2100sf 4 bdrm/3ba home with 3-car garage, priced right! Granite countertops, stainless steel appl., large pantry & island in kitchen -- perfect for entertaining! Tile & upgraded carpet adds elegance, double-sided stone frplc faces both formal living/dining rm & family rm/ kitchen. Designer paint adds perfect touch, fully landscaped front & back yard w/storage shed & dog run -- move-in ready! In Bridgeway Island, close to new parks, schools, downtown & shopping. Only $459,900. Cook Realty - Agent Tina Sevilla 906-606-9507.
S-1

SPACIOUS SINGLE STORY! 3099 Grizzly Bay Rd. One of the larger 4 bdrm/2 ba single story homes w/2-car garage. Bridgeway Island. Features wonderful vaulted ceilings, plant shelves, laminate flooring in kitchen & family rm, separate formal dining/living rm, surround-sound, upgrade appliances, tile & light fixtures. Kitchen also features oversized island perfect for parties & entertaining. Large master suite has both a walk-in closet, separate shower & bath & dual sinks. Backyard fully landscaped w/large storage shed or workshop. Close to schools, shopping & downtown. Offered at $442,400. Cook Realty - Agent Tina Sevilla, 916-606-9507.
S-1



Fantastic Bridgeway Island Home! 3400 St. Croix Rd., $554.800.. Beautiful 2,743 sf home has 4 bdrms, 3 full baths. Gourmet kitchen w/walk-in pantry & breakfast nook. Spacious family rm w frplc. Formal living & dining area. Secluded 5th bdrm, den or computer area off front entry. 3-car garage. Covered patio & built-in children's play area in bkyrd. Fully landscaped in front & rear yards. JOHN KANE, Parkside Property, 916-373-5300.
See home on eBay! JK33

1/2 ACRE COUNTRY ESTATE, 2930 Allan Ave., $459,800. This modern ranch sits on 1/2-acre of land with custom in-ground swimming pool. Home has 2 bdrms & full bath. Updated kitchen with lots of cabinets & counter space. Fireplace/stove in living room. Separate guest house with 2 rooms + 2 additional outbuildings & asphalt parking pad. Designed for entertaining around the sparkling pool! JOHN KANE, Parkside Property, 916-373-5300, 'Your West Sacramento Specialist.'
44tfn

SIZZLING BUY! Here is the hottest home buy in town. This 2 bdrm needs a little TLC, but well worth it. Central heat/air, inside laundry. For more info & pictures go to: www.jeffpuliz.com. 101 Alvin St., Priced at $158,000. Jeff Puliz, Parkside Property, 916-373-9600.
48tfn

Comfortable Rent-Beater. Must see this affordable 3 bdrm home. New carpet, new paint, & a corner location with potential for RV or boat access. Walk to shopping, schools & public trans. Priced reasonable & you can move in at once! For more info and pics, go to: www.jeffpuliz.com. 1694 Laurel Ln. Priced at $286,000. Jeff Puliz, Parkside Property, 916-373-9600. jeff@jeffpuliz.com

More HOMES & other ads, page 11!

State-Wide Classified Advertising

"Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates."

ADOPTIONS

PREGNANT? CONSIDERING ADOPTION? Talk with caring people specializing in matching birthmothers with families nationwide. Expenses Paid. Toll free 24/7 Abby's One True Gift Adoptions 1-866-413-6292 (Cal-SCAN)

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ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-888-625-2405. (Cal-SCAN)

START YOUR OWN Landscape Curbing Business- High Demand. Low Overheads. High Profit. Training Available. Priced from $12,000. 1-800-667-5372. www.EdgeMaster.net (Cal-SCAN)

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ADVERTISE in 200+ newspapers in California. Reach over 6 million readers for only $500. Call this participating newspaper and ask about the Statewide Classified Ad program or visit www.cal-scan.com (Cal-SCAN)

ADVERTISE YOUR HOME, Property or Business for sale in 125 community newspapers in California. 2x2 ad reaches over 3 million readers for only $1,500. Call this participating newspaper and ask about the Statewide Display ad program, or visit www.cal-scan.com (Cal-SCAN)

ADVERTISE IN NEWSPAPERS. Special combo Print and Online buy. 125 print newspapers reaching 3 million Californians, and 35+ Online newspaper websites. Ask about CODAN (916) 288-6010; (916) 288-6019 www.cal-scan.com (Cal-SCAN)

HEALTH/ BEAUTY

YOUNGER LOOKING SKIN with Laser Light Technology. The NuLase Home Laser System rejuvenates skin in as little as one week. Visit www.NuLase.com or call 1-800-392-7929. (Cal-SCAN)

HELP WANTED

CONSTRUCTION WORKERS/ TRAINEES. Extensive training in construction trades. Build and repair structures. Interpret blueprints. Under age - 34 with H.S. diploma. Call 1-800-345-6289. (Cal-SCAN)

POLICE OFFICERS: Earn up to $20,000 bonus. Train to protect your fellow Soldiers and be a leader in the Army National Guard. 1-800-GO-GUARD.com/police (Cal-SCAN)

SERVICE TECHNICIAN WANTED. Experience Preferred. Technician must have own tools. Excellent benefits. Call 1-775-463-3535; send resume: Renner Equipment. 402 W Bridge St, Yerington, NV 89447 (Cal-SCAN)

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ATTENTION DRIVERS: Drive the friendly roads of CA, NV and AZ. Gotta make the move to McKelvey today! Call 1-800-410-6255. (Cal-SCAN)

ATTN: FLATBED DRIVERS $850-$1050 per week! Dedicated runs Available. Free Benefits. Home Weekends & Some Weeknights. CDL-A Required. 1-866-394-1944. (Cal-SCAN)

DRIVER: AMERICA'S PREMIER Training Company! CDL license in 3 1/2 weeks- paid for! Great Job! Must be 21. Have CDL? Tuition Reimbursement! CRST. wgreen@crst.com 1-800-781-2778. (Cal-SCAN)

DRIVER - EXPERIENCED & Trainees Needed. Earn up to $40k+ next year. No experience required. $0 down. CDL Training Available. Central Refrigerated 1-800-521-9277 x4779. (Cal-SCAN)

DRIVER- GET THE Respect you deserve at Covenant Transport! We are now hiring Class-A drivers, both experienced and Graduate students, in your area. $5,000 sign-on bonus for experienced team drivers. Great miles, frequent home time and outstanding driver support. It's all at Covenant Transport! Call today: 1-866-684-2519. EOE. (Cal-SCAN)

DRIVER: TAKE CARE of your Family. Join ours. Consistent miles, regional and dedicated runs. Company paid Commercial Drivers License training. www.SwiftTruckingJobs.com 1-866-476-6828. EOE. (Cal-SCAN)

DRIVER TRAINEES NEEDED. Earn $700-$800/week at Werner Enterprises. No experience needed. Local Training! Days, nights & weekends 1-888-238-3889. (Cal-SCAN)

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$5,500 WEEKLY Goal Potential! If someone did it, so can you! 2-3 confirmed appointments daily! Benefits Available. Call Catherine McFarland 1-888-543-1788. (Cal-SCAN)

FORTUNE 500 COMPANY Seeks Business to Business Daytime Insurance Sales. No experience required. First year potential $60,000+. Call 916-526-2735 or email resumes to Michael.Peacock@coloniallife.com (Cal-SCAN)

HOMES FOR SALE

NO MONEY DOWN! Free Computerized list of properties available with no down payment. Free report: 9 Must Avoid Buyer Traps www.NeedZeroDown.com 24hr Message 1-888-882-4731 ID#2020 (Cal-SCAN)

LAND FOR SALE

ARIZONA- NEW to MARKET-36 AC - $49,900. Perfect for private retreat. Endless views, beautiful setting w/fresh mountain air. Abundant wildlife. Secluded with good access. Financing available. Call AZLR 1-877-301-5263. (Cal-SCAN)

FISH LAKE VALLEY, NV. New to Market. 7ac $27,900; 11ac Trout Stream $49,900 (Abuts BLM). Eastern slope of White Mtns, Within looming presence of Nevada's highest peak and range. Snow covered year round. Providing cool, clean water that feeds the Rainbow Trout Creek which borders the entire back boundary. One of a kind! Inspiring, must see! Call 1-888-581-5263. (Cal-SCAN)

LOOKING TO OWN LAND? Invest in rural acreage throughout America: coastal, mountain, waterfront properties, 20 to 200 acres. For FREE Special Land Reports: www.landbuyersguide.com/ca (Cal-SCAN)

NEW MEXICO - FIRST Time Offer. Abandoned Farming / Mining Settlement less than 2hrs Albuquerque. 20 acres - $17,900. Old Farming & Mining Community. Incredible setting, including frequently running river, spring, views and diverse topography. Excellent financing. Call NML&R, Inc. 1-888-370-5263. (Cal-SCAN)

A DREAM FIND - 20 Acres - Reduced $129,900. Near Tehachapi. Fresh mountain air and picture perfect views. Streams and oaks. Ideal for horses, country getaway, or to buy and hold. Financing. Call owner 1-888-821-5253. (Cal-SCAN)

ARIZONA - 1ST TIME OFFER. Wickenburg area 36AC - $189,900. Stunning ranch with amazing views. Diverse topography, abundant ground water. Great for horses, private retreat or buy & hold. Subdividable. E-Z terms. Call AZLR 1-866-516-4868. (Cal-SCAN)

LAND AUCTION 200 Properties must be sold! Low down/E-Z Financing. Free catalog. 1-800-536-9072. www.LandAuction.comm (Cal-SCAN)

REAL ESTATE AUCTION 8/17/06. Main & Guest House 2100 SqFt/ 600 SqFt on 6.49 acres. 3 Bdr./2.5 Baths. Fully upgraded. Julian, CA 8/17/06 @ 1:08pm. For Info: 1-714-539-1297, 1-800-99AUCTION. www.AuctionsPluss.com (Cal-SCAN)

REAL ESTATE LAND AUCTION 8/24/06. 6.83 Acres Prime Residential Land. Fallbrook, CA. Beautiful Community- Orchards & Groves. For Info: 1-714-539-1297, 1-800-99AUCTION. www.AuctionsPluss.com (Cal-SCAN)

NORTH CAROLINA GATED Lakefront Community. Pleasantly mild climate. 1.5 plus acres, 90 miles of shoreline. Never offered before with 20% pre-development discounts, 90% financing. Call 1-800-709-5253. (Cal-SCAN)

MISCELLANEOUS

YOU WILL WANT THIS! PokeRhthyms...they can't fix stupid...but they can fix about everything else. Get yours Now, everyday, Free for 10 days http://www.PokeRhythms.com (Cal-SCAN)

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BUILDING SALE! "Manufacturer Direct Since 1980!" Extensive range of sizes/models. Example: 40'x100'x16'=$3.48/sq.ft. Ends optional. 3-week delivery. 25'x40'x12'=$3990. (Limited Qty) Pioneer 1-800-668-5422. (Cal-SCAN)

STEEL BUILDINGS. FACTORY Inventory. Best Deals 40x60 to 120x300. FREE Same Day Quote. 1-800-658-2885 www.RigidBuilding.com (Cal-SCAN)

To advertise statewide in many California newspapers, call the News-Ledger, 371-8030.

OPINION

News-Ledger Editorial

Bits & pieces

■■■

It still looks like an accident waiting to happen:

Jefferson Boulevard crosses a set of railroad tracks near the Safeway center. A lot of people walk that stretch of road that connects the city's business district to the Broderick area. The problem is, the sidewalk disappears near the tracks, and pedestrians have to walk on part of the roadway (a bike path).

Many of those doing the walking are parents with strollers. Others are teens – careful to show their cool disregard for their own safety by walking two or three abreast with their backs to traffic.

■■■

Washington Unified School District seems to be getting the fresh start it needs.

The early reports are that a new administration is off to a good start, and new management at River City High School is also starting well. The interim superintendent (David Tooker) and his staff did a good job as caretakers, and now longer-term solutions are in place.

Miracles cannot be expected. But professionalism and competence are reasonable requests.

■■■

Amidst the ongoing bloodshed in Lebanon and the continuing "war on terror," your editor was involved this week in four different conversations about foreign affairs in which he was treated to opinions that seemed to be lifted from talk radio or from Fox News. You probably know what this means: the opinions were simple, they were hawkish, they were righteous and they were loud.

Talk radio (with some exceptions) and plenty of news outlets give us what we think are common-sense answers – seductively simplistic, intoxicatingly empowering and completely childish. They do so by airbrushing out any inconvenient nuance or detail from the real world. Because in the real world, compex problems almost never have simple solutions.

But if you do subscribe to the "talk radio" approach (and people do seem to "subscribe" to it, signing up for viewpoints on a laundry list of hot-button issues) you don't actually have to try to understand anything. You can know very little, and it will be enough to be loud and right. You don't have to trouble with listening to other points of view. You don't even have to address the inconsistencies in your own viewpoint. When you are proven wrong, just close your eyes and ears. You are above history or logic, and sound bites are the only currency you need carry.

This "talk radio" mentality embraces ignorance and celebrates it. One of our political parties makes a living by converting this brand of angry ignorance into a political base (the other party remains stunningly bankrupt.).

America is a land of free speech, but we Americans really ought to think before speaking. Have we really sought the truth? Do we really know enough about Lebanon and Israel (the political forces, the alliances, the history) to have an opinion worth spouting? Have we examined the opposing point of view to see what merit it has before we become married to our own beliefs? Have we deliberated for ourselves before making awesome decisions to curtail civil liberties at home or to wage war in some other land's cities?

Before we encourage bloodshed in Lebanon, do we yet know where we screwed up with Iraq? Are we cavalier about where we get our opinions on other critical subjects, such as global warming?

Let's be clear: you can find idiotic beliefs on the left as well as the right, probably in equal proportion. But right now in this country, the idiocy of the right owns political correctness. When in doubt, they say, wrap yourself in the flag and throw stones. You're either with us or against us, they say. Their America is morally superior by definition; how their country actually behaves at any moment is irrelevant.

Blame the liberals. Blame the media. Blame immigrants. Blame the French. Blame the U.N. Blame "them," or "the terrorists," who include everyone who is Muslim, Arab, Middle Eastern or even Sikh, because Sikhs wear turbans, too.

Through a combination of selective facts, willful ignorance, the use of broad brushes and bad analogies, we can come up with a simple "talk radio" solution to just about any crisis. Simplicity is sexy. The ability to tap into social anger attracts an audience. None of this is new. We've seen it before in other times and other countries.

In the richest and most powerful country in the history of the earth, ignorance is in fashion. Watch out, world.

■■■

Letters to the Editor

Running for school board

I am writing this letter to confirm what was reported in last week's paper, I have chosen to run for the WUSD school board. Despite rumors I have heard made by some current board members, I have only recently come to this decision. Some of you may be familiar with my participation at the board meetings and other district related meetings as well as my numerous letters to the Editor. My husband and I have always believed in a strong public education system and strongly support equality in education for every child in this community, regardless of where they live. We have both been active volunteers at each school our three children have attended. I have served as PTA President, in RCHS Booster Club, 4-H Leader, and in various other positions throughout the community.

Having spent the last several years attending every school board meeting, bond oversight meetings, City/District 2x2 meetings, my management experience has led me to conclude that this community deserves total accountability, honesty, and integrity in order to be served properly. I want to see the issues reported by the Grand Jury investigation corrected. I want to see our new schools built soon and within budget. I want our teachers to be paid wages that will keep good teachers in the district and bring our schools up to State standards.

Because of my involvement and research, I am fully aware of the current issues facing the District and am ready to hit the ground running to solve problems and make this District a better place for every child. I am asking for your support in this effort and thank you for the opportunity to serve.

DANI LANGFORD
West Sacramento

Thanks, River Cats

The City of West Sacrament was able to obtain 1,500 square feet of Bermuda grass to be placed at the Alyce Norman baseball fields. The River Cats donated the grass which will be installed by the City's Parks staff and ready for play in the spring. Thanks to the Rivercats for their continued partnership with the City of West Sacramento and their commitment to providing quality improvements for our kids to play.

PAUL REYES
Senior Recreation Supervisor
Athletics, Aquatics & Active Aging Services
City of West Sacramento

Quit whining about profiling

I can't wait for all of the apologists and advocacy groups who, while playing to their hand-wringing constituencies, are certain to remind us to not leap to any false conclusions vis-a-vis the terrorist group just broken up in England due to the extraordinary efforts of their security apparatus helped hand and glove by ours. Yes indeed, we both actually used information gathered under the auspices of the Patriot Act to help an ally thwart yet another diabolical terrorist plot against us, as well as them. Shame on us for listening in on international phone calls made by known or suspected international terrorists. How dare we violate their constitutionally guaranteed rights to confer, conspire, and carry out whatever deadly plans against us they may try and concoct in secret.

Now, if they (the terrorists) resembled Timothy McVeigh and Terry Nichols, or if they posed as great a threat to national security as say David Koresh and his followers, why, just maybe, all of those politically correct

Please see LETTERS, page 11

Statement of Abandonment of Use of Fictitious Business Name
Filed Aug. 8 2006
FBN Number 2000-184

The following Fictitious Business Name: Express Personnel Services, whose principal place of business was 428 Main Street, Woodland CA 95695 in Yolo County, which was originally filed in Yolo County on 2000-03-09 is being ABANDONED by the registrant listed below:
Duppong & Associates, Inc., 428 Main St., Woodland CA 95695.
Corporation name: Duppong & Associates, Inc.
/s/Clarence Duppong
Aug 8 2006
/s/Kimberly Barklow, Deputy Clerk
Freddie Oakley, Clerk
Aug 16 23 30 Sep 6

Fictitious Business Name Statement
Filed July 3, 2006
File No. 2006-652

The following person is doing business as Coast Innovations, 421 Greenwood Dr., Woodland CA 95695:
Gregory S. Sheldon and Kristin G. Sheldon, 421 Greenwood Drive, Woodland CA 95695.
This business is conducted by Husband and Wife.
The registrant commenced to transact business under the fictitious business name or names listed above on 12/15/05. Previous fictitious business name number 2005-1318.
/s/Gregory S. Sheldon
/s/Kristin G. Sheldon
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 3, 2006, 2006
by: /s/Eleigh Fagel, Deputy Clerk
Aug 16 23 30 Sep 7

(NAPS)—Good news for homebuyers. The previously expanding mortgage-lending industry is undergoing a contraction. In fact, the Mortgage Bankers Association predicts the industry will shrink by 14 percent in 2006. That means lenders have to offer more discounts and incentives to win your business and you can take advantage. For more information, visit www.bankofamerica.com.

***

According to the experts at the U.S. Department of Transportation, keeping your children safe from a back-over tragedy requires education, supervision and vigilance. When backing up, always know where all children are and have them stay in your full view and well away from your vehicle.

***

Receiving the right diagnosis from your doctor can mean the difference between debilitating pain and suffering and being able to get on with your life. If you suffer from frequent, bad headaches, talk to your doctor about your symptoms, and if you're diagnosed with migraines, ask for a migraine-specific medicine. Visit headachequiz.com for more information about how to talk to your doctor.

***

Fictitious Business Name Statement
Filed July 28, 2006
File No. 2006-724

The following person is doing business as Sights to See Tours, 129 Orange St., Woodland CA 95695:
Rebecca A. Robinson, same address.
This business is conducted by an Individual.
The registrant commenced to transact business under the fictitious business name or names listed above on 9/1/06.
/s/Rebecca A. Robinson
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 28, 2006
by: /s/Kimberli Barklow, Deputy Clerk
Aug 9 16 23 30

Fictitious Business Name Statement
Filed Aug 03, 2006
File No. 2006-739

The following person is doing business as Tie Dye Diva Designs, 2709 Calder Ct., Davis CA 95616:
Jennifer Hagedorn, same address.
This business is conducted by an Individual.
The registrant commenced to transact business under the fictitious business name or names listed above on 8/3/06.
/s/Jennifer Hagedorn
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: Aug 3, 2006
by: /s/Valerie Clinton, Deputy Clerk
Aug 9 16 23 30

Fictitious Business Name Statement
Filed June 28, 2006
File No. 2006-633

The following person is doing business as Radiant Glass International, 3161 Catalina Is. Rd., West Sacramento CA 95691:
Asoka Dias Bandaranayake and Kamini Sita Dias Bandaranayake, 3161 Catalina Is. Rd., W. Sacramento CA 95691.
This business is conducted by Husband and Wife.
The registrant commenced to transact business under the fictitious business name or names listed above on N/A.
/s/ Asoka Dias Bandaranayake and Kamini Sita Dias Bandaranayake
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 29, 2006
by: /s/Ava Woodard, Deputy Clerk
Aug 2 9 16 23

Fictitious Business Name Statement
Filed July 3, 2006
File No. 2006-648

The following person is doing business as Bernard's Tire, Brake and Alignment, 549 Rowe Place, Davis CA 95616:
Yusuf Amin, 2278 Burgundy Way, Fairfield CA 94533.
This business is conducted by an Individual.
The registrant commenced to transact business under the fictitious business name or names listed above on 7/3/06.
/s/Yusuf Amin
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: July 3, 2006
by: /s/Freddie Oakley, Deputy Clerk
July 26 Aug 2 9 16

Fictitious Business Name Statement
Filed June 13, 2006
File No. 2006-573

The following person is doing business as We're Tops Countertops, 2061 Freeway Dr., Ste. C, Woodland CA 95776:
ALEMAD, INC, 9215 Los Lagos Circle South, Granite Bay CA 95746.
This business is conducted by a Corporation.
The registrant commenced to transact business under the fictitious business name or names listed above on .
/s/Michael Ware, President ALEMAD Inc.
I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.
State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 13, 2006
by: /s/Ava Woodard, Deputy Clerk
July 5 12 19 26

INVITATION TO BID

Sealed proposals will be received at the office of the Port of Sacramento, City of West Sacramento, 1110 West Capitol Avenue, 1st floor, West Sacramento, California until **11:00 a.m. local time on Thursday August 31, 2006**, at which time and place they will be publicly opened and read aloud for the:

Bulk Storage Warehouse Reroof
Port of Sacramento

The proposed work consists of the following:

Description of Work: The project is the removal of the existing shingle roof, repair of damage plywood underlayment or wooden structural members and installation of a new asphalt and fiberglass shingles as indicated on the roofing plans, schedules and as directed by the Engineer.

Completion of Work: Time to complete is estimated at 6 weeks from Notice to Proceed. Cargo operations require that work be done expeditiously. Contractor time to complete will be evaluated as part of award consideration.

Mandatory Job Walk: A mandatory job walk will be held at the Port of Sacramento, 2895 Industrial Blvd., West Sacramento, CA on **Friday, August 25 at 11 am**. All Bidders must attend this job walk. Bidders will assemble at the Port's Main Gate parking lot and will proceed to site as a group. Photo ID req'd for all persons.

Obtaining Contract Documents: The Bulk Storage Warehouse Reoof plans, schedules and specifications may be examined at the desk of the Port of Sacramento, City of West Sacramento, 1110 West Capitol Avenue, 1st floor, West Sacramento, California. A copy of bid documents may be obtained at the office upon request and payment of $25.00 or may be mailed upon request and payment of $30.00. The amount of the payment is non-refundable.

Aug 16 23

***

He that is of the opinion money will do everything may well be suspected of doing everything for money.
—Benjamin Franklin

***

Cash flow notes let people benefit from secure and profitable real estate investments without actually buying or selling properties. According to Russ Dalbey, founder and CEO of The Dalbey Wealth Institute, the notes can provide steady returns as high as 20 percent. Plus—unlike stocks and bonds—they're secured by actual real estate. For more information, visit the Web site www.dalbeywealthinstitute.com.

***

Small businesses with little or no budget for technology have chosen services such as Plaxo (www.plaxo.com), which help preserve key contacts, automatically update them and serve as a secure third-party backup. Kelly Robinson, owner of San Francisco-based Infusion Pilates, relies on Plaxo to maintain relationships and class schedules. She describes the service as "easy to use, low maintenance and budget friendly."

PUZZLES & COMICS

R.F.D.

by Mike Marland

BOY! I HOPE WE GET SOME RAIN SOON, TINKER!
YEAH, ME TOO!
I MEAN SO MY CROPS WILL GROW, SO MY COWS CAN EAT, SO I DON'T LOSE THE FARM
NOT SO YOU CAN GO MUD-BOGGIN'.
OH.
www.kingfeatures.com
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Out on a Limb

by Gary Kopervas

CATCHER IN THE RYE.
PITCHER IN THE PUMPERNICKEL.
DESIGNATED HITTER IN THE KAISER..
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Amber Waves

by Dave Phipps

...AND WITH ONE GIANT LEAP, CAPTAIN GALACTIC EVADES DR. DREADFUL'S LASER.
NICE TRY, DR. DREADFUL!
BUT YOU'LL HAVE TO DO BETTER THAN THAT!
WOW, ENCOURAGEMENT TO CAUSE DESTRUCTION, MY NEW SCRIPTURE!
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The Spats

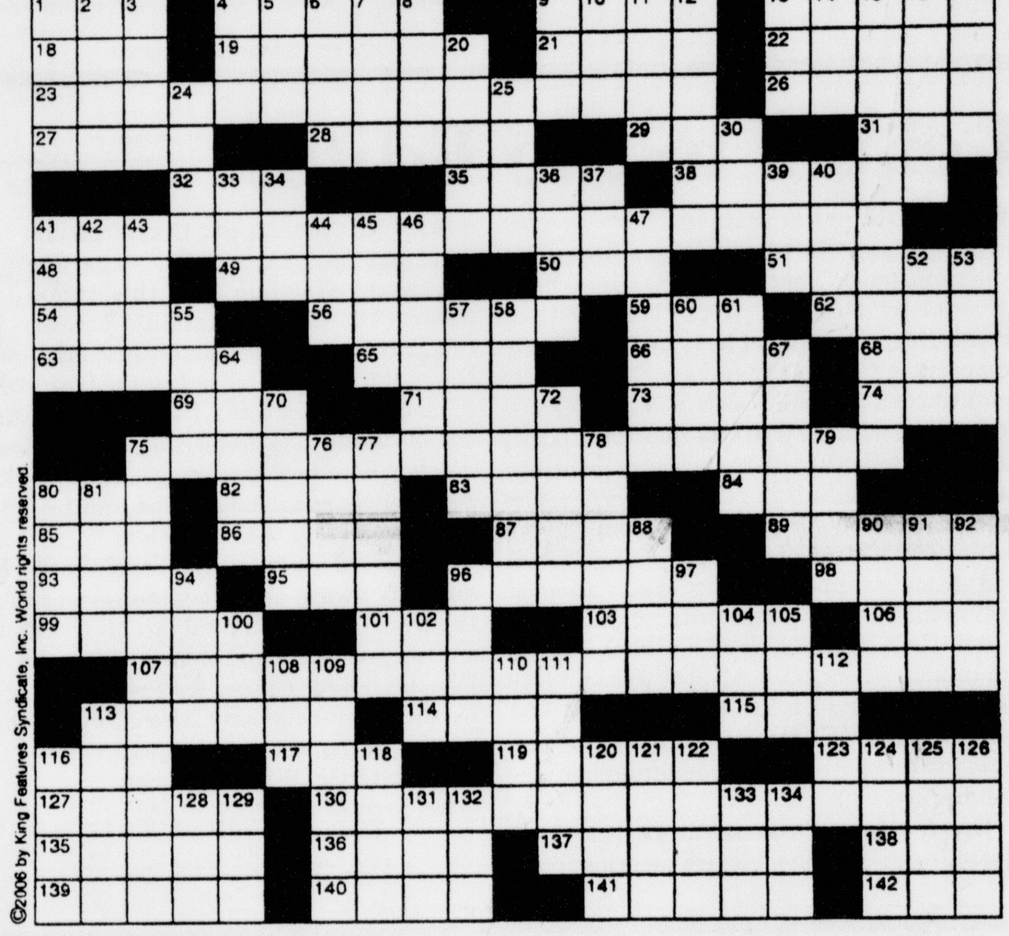
by Jeff Pickering

POPEYE
HEY EISMAN
LET'S GO ON ANOTHER RIDE, POPEYE
LET'S GO FIND ME SWEETIE FIRST...
...THEN HAVE SOME LUNCH!
AHOY, WIMPY! DIDJER SEE OLIVE ANY-WHERES?
NOT RECENTLY, MY FRIEND...
...BUT WHILE I WAS AT THE FOOD CONCESSION...
...I SAW HER ENTER THAT PAVILION!
FUN HOUS
YOU AND SWEE'PEA HAD GOTTEN OFF THE ROLLER COASTER...
... THEN I SAW YOU ON THE FERRIS WHEEL!
THAT WUZ OVER AN HOUR AGO
SHE MIGHT STILL BE IN THE "FUN HOUSE"
THA'S RIDIKERLESS, BUT LET'S GIVE IT A LOOK!

Super Crossword — NOVEL BEGINNINGS

ACROSS
1 "One — Apple" ('71 song)
4 Broadway org.
9 Presidential pooch
13 Loudly, to Liszt
18 Spud bud
19 Propped (up)
21 Author Murdoch
22 Menotti title character
23 Over-laundered muumuu?
26 Aquarium fish
27 Viscount's better
28 Walked off with
29 Baby beagle
31 Noun suffix
32 Objective
35 Lose luster
38 One of the Sopranos
41 Embarrassed late-night host?
48 Humble abode
49 Hawke of "Training Day"
50 Start to cry?
51 Pageant prop
54 Jack of "Rio Lobo"
56 Dicta
59 Seek change?
62 Coasted
63 Cock and bull
65 Sup in style
66 "Rule Britannia" composer
68 Call — day
69 Fill in
71 — Scotia
73 Sculptor Bernini
74 Snead or Spiegel
75 Tarzan the Studious?
80 Ingot
82 Airhead
83 Fruit-tree spray
84 Biol. or chem.
85 — Dhabi
86 Art deco designer
87 Sicilian volcano
89 Humble abode
93 Gershwin heroine
95 Wordless greeting
96 "Every — You Take" ('83 hit)
98 Cheer competitor
99 Singer John
101 Organ of equilibrium
103 Maguire of "Spider-Man"
106 Singer Barry
107 Undecided activists?
113 Roman writer
114 Hit hard
115 Reverence
116 It may be fake
117 Author Umberto
119 Adjusted an Amati
123 Lhasa —
127 Come in
130 Good source of minerals?
135 Cold sound
136 "Ritorna vincitor!" singer
137 Piston packing
138 Shelley's "— Skylark"
139 Versify
140 Inn offering
141 New Hampshire campus
142 Hog heaven?

DOWN
1 Actress Neuwirth
2 Auel heroine
3 Forest beauty
4 Request
5 "Quiet!"
6 Dove sounds
7 In — (bored)
8 Cuban currency
9 Evergreen tree
10 Exist
11 Speech problem
12 Take for granted
13 Too big for one's breeches?
14 Doolittle's digs
15 Type of philosophy
16 Hurl
17 Panache
20 Dutch pottery
24 Sitka's st.
25 Work in Vegas
30 By means of
33 Cover the cake
34 Wrestling surface
36 Labor leader Eugene
37 WWII area
39 Qty.
40 Emcee's site
41 '54 James Arness film
42 A shake in the grass?
43 List ender
44 Pi follower
45 Cooking fat
46 Close
47 Trinidad's neighbor
52 Moreno or Hayworth
53 Inspector Dalgliesh
55 Engage, as gears
57 "— Gay"
58 Party animal
60 Palladino of "ER"
61 Behaves like a beaver
64 Kid stuff?
67 Methuselah's dad
70 Borg or Ulvaeus
72 Subside
75 Reliable
76 As many as
77 Essential
78 Elaborate
79 Brilliant display
80 Movie piglet
81 Explorer Tasman
88 Energy source
90 Offensive
91 Churchill's successor
92 Time to give up
94 Head for the clouds
96 La — Tar Pits
97 "Six Feet Under" network
100 Pro-gun grp.
102 PD alert
104 — Marie Saint
105 Evergreen tree
108 Expert
109 The gods guzzle it
110 — Spumante
111 Newscaster Connie
112 Nut part
113 Feeling
116 Dread
118 Phil Donahue's birthplace
120 Neighbor of Mont.
121 Gaelic
122 Luke, Bo, or Daisy
124 Prepares cherries
125 Glasgow guy
126 Hunky-dory
128 Accounting abbr.
129 Singer Tommy
131 Maestro de Waart
132 Hat for 125 Down
133 Game pieces
134 Canonized Mlle.



Answers to Puzzles Page 4

GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	÷		+		11
−		×		×	
	+		+		13
×		−		−	
	+		÷		12
25		11		23	

1 3 3 4 5 6 7 8 9

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ *GO FIGURE!*

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Weekly SUDOKU

by Linda Thistle

5	8				1			7
	9		6				3	4
		2		7		9		
9					5		4	
	7		9				6	8
		4	2	8		5		
8		9			7	3		
	3		1	2		7	9	
1				6				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★★

★ Moderate ★★ Challenging
★★★ *HOO BOY!*

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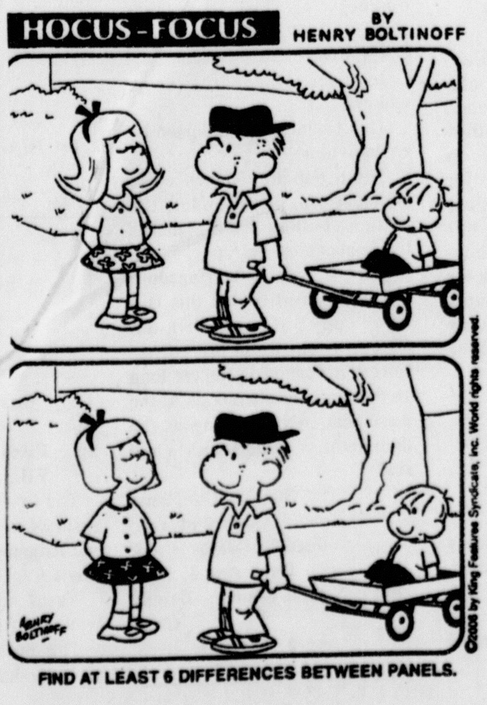
ALANIA... FORMERLY KNOWN AS MINGO CITY!
ONCE THE CENTER OF MING THE MERCILESS' EMPIRE.
NOW THE CAPITAL OF THE UNITED REPUBLICS OF MONGO.
FRIGIA
SEA of MYSTERY
LAND OF THE LION MEN
SKY CITY OF THE HAWKMEN
FORTRESS OF BARAKAHN
ALANIA
TORNEO
SYK
TROPICA
FORTRESS OF GUPHDAR
UNDERWATER KINGDOM OF CORALIA
ARBORIA
JUNGLE
VOLCANIA
GREAT MONGO DESERT
JUNGLE
FLASH GORDON
BY JIM KEEFE
AS DALE ARDEN REACHES OUT TO THE SPOT WHERE X-9'S REMAINS HAVE DISAPPEARED...
...HALF A WORLD AWAY, DR. HANS ZARKOV WORKS FEVERISHLY TO HALT A DIRE CHAIN REACTION.
THESE READINGS ARE OFF THE CHART.
AS THE SPACE PORTAL IN MING'S FORTRESS GROWS MORE AND MORE UNSTABLE, SO DOES OUR OWN DEVICE.
SOMEHOW THEY'RE STILL LINKED!
WHAT CAN WE DO?
ONLY ONE THING WE CAN DO. DESTROY THE PORTAL HERE IN ALANIA, BEFORE IT DESTROYS US.
KA-THOOM!
CLICK
WAIT!
ZARKOV, WHAT ABOUT FLASH? HE'S STILL OVER THERE!
I KNOW.
I KNOW...
TO BE CONT'D

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

MAGIC MAZE ● — BEAN

J Y V R O L I F C Z W T Q N K
I F C Z W U R P M J H E C Z X
U S Q N L J G E C Z X V T R P
N L J J H E V Y C A Y W V T R
P N U L G K A I O K G E C B Z
X W M U S N N R C R E P Y R O
M L P J N E I A I G E E E E Y
D B I A E A L R O Y F G N T L
X W N R U B L I T C F T D T L
S Q G P O N A A M S O Y I U E
L K N O S R O T S A C C K B J

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

Alan, Black, Butter, Castor, Cocoa, Coffee, Green, Jelly, Judge Roy, Kidney, Lima, Orson, Soy, String, Vanilla

DINING, TRAVEL & ENTERTAINMENT

CACHE CREEK from p. 1

California's first solar-powered campground, the middle site provides 45 individual campsites, three group sites, one RV dumping area, a playground, an on-site park host, a day use picnic area, restrooms and access to Cache Creek. Up to eight people are permitted on individual campsites with 30 allowed on group sites. Individual sites are $17/night for county residents; $19/night for non-residents and group sites are $115/night for residents; $165/night for non-residents. Generally, all Yolo County parks have a $6/day parking fee for day use. For more information on seasonal fees and yearlong passes, call (530) 666-8115 or go to: www.yolocounty.org/prm/fee_schedule.htm.

Yolo County recently received $371,000 in Proposition 50 funding for three county parks, including Cache Creek Canyon Regional Park. Proposition 50, the Water Security, Clean Drinking Water, Coastal and Beach Protection Act, passed in 2002, authorizes the legislature to appropriate funds for acquisition, protection, restoration and development of river parkways. The $76,000 received specifically for Cache Creek Canyon Regional Park will be used to construct an educational trail, remove invasive species, perform riparian restoration and install a handicapped access ramp down to the creek.

This is just the beginning according to Julia McIver, Deputy Director of Parks and Natural Resources and Scott Lines, Principal Parks Planner. Both look forward to overhauling the park system in an effort to draw more people to the county's wealth of natural resources. "Yolo County's parks have so much unrealized potential," notes Julia McIver. "We now have to figure out how to bring the resources to bear on making that potential a reality."

Parks and Natural Resources Management is a division of the Planning, Resources and Public Works Department. The Division is responsible for management of the county's many natural resources and is responsible for maintenance and improvement of county parks, boat launches and fishing accesses, and the Gibson Historical Museum. For more information on Yolo County parks and natural resources go to: http://www.yolocounty.org/prm/default.htm.

celebrity extra

by cindy elavsky

Q. Now that Lance Bass (formerly of 'N Sync) has come out and admitted that he's gay, do you think it will help pave the path for other closeted entertainers to do the same? —*Anonymous, via e-mail*

A. I would like to think yes, but I'm thinking no. For some, it didn't hurt their careers, e.g., Ellen DeGeneres, Melissa Etheridge and Nathan Lane. For others, it might have — I haven't seen Chad Allen, Danny Pintauro or Rupert Everett in too much lately. It will most likely be a game of wait and see.

***

Q. I wonder if you could tell me a little about Joaquin Phoenix. He was excellent in "Walk the Line," but I really haven't seen much of him since. — *Alice K., Melbourne, Fla.*

A. Phoenix has been on TV and in movies since the age of 8, but 1989's "Parenthood," with Steve Martin, Keanu Reeves, Diane Weiss and Mary Steenburgen, is what really put him on the map. Phoenix took some time off after "Walk the Line" (probably to attend all those awards shows!), but will be seen next in the 2007 release of "We Own the Night."

If you need to get a Joaquin fix, I recommend renting "Inventing the Abbotts," a coming-of-age story about two brothers in the 1950s. "Abbotts" also stars Billy Crudup, Liv Tyler, Jennifer Connelly and Kathy Baker.

***

Q. One of my all-time favorite TV shows is "Lost in Space." Why can't I find it on DVD? Is it out yet? — *L.L., Woodville, Wis.*

A. You can find Seasons 1-3 on DVD. Go to amazon.com, and with a couple clicks, you can be on your way to watching this classic show whenever the mood strikes. It can also be found at brick-and-mortar electronics' stores, such as Best Buy and Circuit City.

***

Q. I saw Diane Keaton on "Oprah" recently, and she was questioned about her different leading men and had all positive things to say about each one, except when asked about Al Pacino — her answer was, "No response!" Any reason for this? — *C.J., Camden, Del.*

Lance Bass

A. My guess is that Keaton is a lady who doesn't want to kiss and tell. Diane and Al had a long, high-profile romance. He once said in a Barbara Walters interview that marriage would not give him the amount of freedom to do certain things he wants. Perhaps that didn't sit too well with Keaton. Keaton has dated many of her leading men, including Pacino, Woody Allen and Warren Beatty, and has said that she preferred their on-screen romances more because, "You know where it's going, and you can just enjoy it for what it is. Real life is complicated."

***

Q. I would like to know a few things about comedian Ron White: When is his birthday, and is he married? Thanks, I'm a big fan. — *K.B., Jamestown, N.Y.*

A. Ron "Tater Salad" White will turn 50 on Dec. 18. When he's not touring, he lives in Atlanta with his wife, Barbara.

Have a question for Cindy? E-mail her at letters.kfws@hearstsc.com, or write to her in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

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Books

"The College Dorm Survival Guide: How to Survive and Thrive in Your New Home Away From Home"
by Julia DeVillers
(Three Rivers Press, $12.95)
Reviewed by Larry Cox

During the next month, millions of students will leave home for the first time, bound for college. Enrolling in college can be a scary and confusing time, but a helpful new book makes the process much easier and less intimidating.

"The College Dorm Survival Guide" offers students insider advice on all of the ins and outs of college living. For example, there are techniques in choosing just the right residential hall, picking a suitable roommate and even navigating the bathroom, laundry and dining hall. In addition to these potential problems, the guide also features sane information about dealing with stress, depression and safety issues to help make the college experience the happiest, healthiest and safest possible.

Julia DeVillers, author of several self-help books, provides everything students should know about move-in day — when to arrive, what to bring (and not bring), and whether or not parents should be along for the trip. Adjustment is, of course, necessary for a smooth transition.

Feeling lonely? No problem. DeVillers points out that the dining hall is one of the best places to meet new people and socialize. She even provides several basic recipes that can be prepared and shared in the dorm.

Because most students are moving away from Mom and Dad and living with several hundred strangers for the first time, such basics as learning to share bathroom facilities, practicing good manners and learning where and how to get help if needed are all essential.

DeVillers' guide offers practical, funny and totally crucial insights to help students enjoy their dorm experience to the fullest.

Books reviewed in this column are available online or at your local bookstore.

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***

Those who cast the votes decide nothing. Those who count the votes decide everything.
—Joseph Stalin

***

Mothers all want their sons to grow up to be president but they don't want them to become politicians in the process.
—John Fitzgerald Kennedy

***

Can government really be active and, at the same time, limited? History suggests otherwise.
—Lew Rockwell

***

Politics is more difficult than physics.
—Albert Einstein

***

Comfort foods

Made fast and healthy

by Healthy Exchanges

Quick & Easy Baked Beans

Baked beans that don't take all day, but are a great addition to any barbeque.

SKILLET "BAKED" BEANS

- *1/2 cup finely chopped onion*
- *1/2 cup finely chopped green bell pepper*
- *1/2 cup finely chopped celery*
- *1 (10 3/4-ounce) can Healthy Request Tomato Soup*
- *2 teaspoons Worcestershire sauce*
- *1 1/2 teaspoons prepared yellow mustard*
- *1/4 cup Splenda Granular*
- *1/4 cup Oscar Mayer or Hormel Real Bacon Bits*
- *2 (15-ounce) cans Bush's navy beans, rinsed and drained*

In a large skillet sprayed with butter-flavored cooking spray, sauté onion, green pepper and celery for 6 to 8 minutes. Stir in tomato soup, Worcestershire sauce, mustard, Splenda and bacon bits. Add navy beans. Mix well to combine. Lower heat and simmer for 15 to 20 minutes, stirring occasionally. Serves 6 (2/3 cup).

• Each serving equals: 198 calories, 2g fat, 11g protein, 34g carb., 787mg sodium, 6g fiber; Diabetic Exchanges: 1 1/2 Starch/Carb., 1 1/2 Meat, 1/2 Vegetable.

Visit the Healthy Exchanges Web site at www.healthyexchanges.com or call toll-free at 1-800-766-8961 for more information about its "common folk" healthy recipes.

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Strawberry Granita

PREP: 10 minutes plus cooling and freezing
COOK: 10 minutes
MAKES: about 4 cups or 8 servings

- *1 cup water*
- *1/2 cup sugar*
- *1 container (1 pound) strawberries, hulled*
- *1 tablespoon fresh lemon juice*

1. In 2-quart saucepan, heat water and sugar to boiling over high heat, stirring until sugar dissolves. Reduce heat to low and simmer 5 minutes. Set saucepan in bowl of ice water. Stir occasionally until syrup is cool, about 15 minutes.

2. Meanwhile, in food processor with knife blade attached, pulse strawberries until pureed.

3. Using whisk, stir strawberry puree and lemon juice into syrup until completely blended; pour into 9-by-9-inch metal baking pan. Cover and freeze about 2 hours or until frozen around the edges. Stir mixture from edges into center, breaking up chunks with side of fork. Cover and freeze at least 3 hours longer or until completely frozen.

4. To serve, with fork, scrape across the surface of granita to make ice crystals. Serve immediately in chilled dessert dishes.

• Each serving: About 40 calories, 0 g protein, 11 g carbohydrate, 0 g total fat, 1 g fiber, 0 mg cholesterol, 0 mg sodium.

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Frozen Watermelon Slush

A refreshing, colorful drink for those dog days of summer. If you have extra watermelon, you can freeze it for more slushes.

YIELDS: 3 1/2 cups or 4 servings
PREP TIME: 5 minutes

- *3 cups cubed seedless watermelon*
- *1 cup frozen strawberries*
- *2 scoops lemon sorbet*
- *1/4 cup pineapple juice, chilled*
- *2 tablespoons fresh lime juice*

In blender, combine watermelon, strawberries, sorbet, pineapple juice and lime juice and blend until mixture is smooth. Pour into 4 glasses.

• Each serving: 87 calories, 0 g total fat (0 g saturated), 0 mg cholesterol, 7 mg sodium, 22 g carbohydrate, 1 g protein.

For hundreds of triple-tested Good Housekeeping recipes, visit our Web site at www.goodhousekeeping.com.

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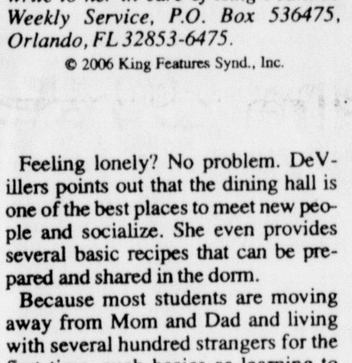
Fave Foods OF THE FAMOUS

by Steven Austin



Alan Thicke

Throughout his long award-winning entertainment career, Canada native Alan Thicke has done it all: Late-night talk-show host, TV sitcom star, accomplished author, and even composer. He wrote the theme songs for TV shows such as "Diff'rent Strokes" and "Facts of Life." He's probably best known for his role as one of TV's greatest dads, Jason Seaver, in the classic family sitcom "Growing Pains." TV junkies can now watch full-length episodes of "Growing Pains," as well as dozens of other classic TV shows such as "Alice," "Chico and the Man" and "Welcome Back Kotter," free and on-demand on AOL's new broadband TV network, In2TV. For more info: www.aol.com/in2tv

As a composer, have you ever written a song in which something relating to food/beverage was a focal point?

"I wrote a theme song for a game show called 'Eat It or Beat It.' I don't remember the lyrics, but the idea was that you won a restaurant dinner or had to leave the studio."

You composed the theme to "Wheel of Fortune." So, tell us about an expensive dinner tab you once picked up.

"The plan for my wedding at Palmilla, Mexico, in May 2005 began as a simple, small family dinner. But the menu choices they offered were irresistible, and we said 'Yes!' to everything. Nobody talked that night. We just ate, and ended up with a tab that nearly required taking out a small-business loan."

What's the Canadian equivalent of hot dogs and apple pie?

"That would be Poutine, which is french fries with melted cheese curd, butter, gravy, vinegar, salt and ketchup. Dessert is a butter tart, which is a gooey version of pecan pie."

Do you recall a classic "Growing Pains" episode with an offbeat cooking or dining scene?

"On TV, prop food is sprayed with chemicals that keep it looking fresh and colorful. That renders it inedible, and if we snack it has to be the craft service food off the set. Once I snacked on the wrong platter, and spent the rest of the week in the bathroom! Never made that mistake again."

What's the specialty of the Thicke household?

"I'm good at breakfast omelets and ribs. Then I pass the baton to my wife, Tanya, who specializes in salads, steaks and salmon recipes for dinner."

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SISTER JO'S SWEET & SPICY BARBECUED RIBS

- *1 1/2 cups ketchup*
- *3/4 cup white wine vinegar*
- *1/2 cup packed brown sugar*
- *2 tablespoons curry powder*
- *1 tablespoons Worcestershire sauce*
- *1 teaspoons hickory-flavored salt*
- *1 teaspoons pepper*
- *2-3 cloves garlic, minced*
- *3 1/2 to 4 pounds pork loin back ribs*

For sauce, in a large bowl combine ketchup, vinegar, brown sugar, curry powder, Worcestershire sauce, salt, pepper and garlic. Cover and let stand at room temperature for 30 minutes, or refrigerate for up to 5 days. In a covered grill, arrange hot coals around a drip pan. Test for medium heat above the pan. Place ribs, fat side up, on grill rack over drip pan but not over coals. Lower grill hood. Grill for 1 1/2 to 2 hours or until meat is very tender, basting generously with sauce the last 15 minutes of cooking. Makes 8 servings.

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PAGE FROM THE PAST

WASHINGTON NEWS ITEMS

The Sacramento River registered 9 ft. 4 in., U. S. gauge, at the S. P. bridge yesterday. A raise is expected during the coming week owing to the few days of warm weather that will make their impression on the snowdrifts on the side of the mountains.

The service station about to be established by Fraser and Doyle on Fifth Street, will be ready for business on or about March 5th. A steel service house has been ordered and is on the way from San Francisco, and will probably arrive here on March 1st. The foundation, together with the supply tanks and all other appliances, have already been installed and no time will be lost as soon as the service house arrives. In describing the service station a few weeks ago the Independent remarked that 100,000 cars passed the station every year. The statement should have read that 100,000 cars passed the station every month.

Roses, Flowering Acacia Trees, Evergreens, Shrubs, Shade and Fruit Trees. Largest assortment in Sacramento Valley. Write for price list. GRAY NURSERIES, Donly Gray, Mgr., Marysville, Calif.

Last Thursday Charlie Clifton and Doris Murphy were married by Judge O'Brien in Sacramento. Charlie gave his age as 22 while that of his wife was specified at 18 years. Immediately following the wedding ceremony a regular wedding feed was provided by the groom for a few intimate friends, after which they left for Stockton for a few days honeymoon. While the two young people have been constant friends for some considerable time, their relatives believed they were not about to be married for some time to come, but youth knows no restraints. They have returned from their honeymoon and are now established in housekeeping quarters at the home of the bride's mother.

Mrs. E. Wilson spent a few days of the past week at the Bennetts home here. She returned to her home in Lodi Wednesday evening.

The Hoffman house was sold yesterday to Mr. C. E. Carrier lately of Galt. Mr. Carrier will make his home over the soft drink parlor and it is his intention to make considerable improvement to the house after he moves his family to the premises. During the past six months the Hoffman house has been the property of Tom Arndt and C. Gonelli and was operated by them strictly within the law and without criticism from the authorities. Arndt is about to make a trip to the eastern States expecting to be absent for at least four or five months while his partner, Gonelli, expects to engage in business in Sacramento. It is Mr. Carrier's intention to operate the Hoffman House in a similar way, catering to the population and to many friends he has cultivated up and down the State. He intends to invest at least a thousand dollars in furnishings and fixtures for the several rooms in the building.

14 Milk Goats (8 Nannies, 6 Kids) all for $50.00. See them at Sharp Ranch, 2 miles north of Winters. A

James Caffero is reported to be improving rapidly in the S. P. hospital in San Francisco, where he has been confined for several weeks. He may be home within the next few weeks.

The dance to be held in the town hall tomorrow (Saturday) evening promises another surprise for those who attend. The entertainment last Saturday night drew a large crowd of young people who thoroughly enjoyed the evening, especially the splendid jazz music provided by the committee in charge. The floor, after several weeks of use, is now getting into splendid condition and no pains are spared to make it in as good condition as it can possibly be

WANTED—Men, women and children in every community to send a post card for SUNSET'S big, interesting Gift Catalogue—just out. Hundreds of useful, valuable rewards in return for a little "spare time." Address Catalogue Dept., SUNSET MAGAZINE, San Francisco.

DAY OLD CHIX — Golden Buff, Brown and White Leghorns, Anconas, Black Minorcas, Buff Orpingtons, R. I. Reds, Barred Rocks and Turkens. No electric lights on breeding stock. ENOCH CREWS, Seabright, Calif.

Lester Strader has returned from a short business trip to San Francisco.

Mr. and Mrs. Archie Strader have returned to their home in San Diego.

Mr. and Mrs. Herbert Hoover and son of Fallon, Nevada, are visiting at the home of Mr. and Mrs. H. M. Eugene.

F. H. Todhunter of Nicolaus has been visiting friends here for a few days.

The Fire Commission at its meeting last Monday night made arrangements for purchasing new hose.

5,000 Choice Tuscan Cling Peach Trees at reduced prices. J. C. Scroggs Nursery Co., Third and I streets, Sacramento.

A party consisting of Mr. and Mrs. C. Ford of Roseville, Mr. and Mrs. Milliam Gordon and Ethel Cook of Napa, Mr. and Mrs. O. P. Cook and son, Floyd, of Washington, went to Berkeley last Sunday. While in that city they were the guests of Mrs. Wilbur Thorburn. The birthdays of Miss Ethel Cook and C. Ford were celebrated by a family dinner.

A surprise party was given last Friday in honor of Edward Baglin by twenty of his friends at the former's home. The evening was devoted to dancing and games. Refreshments were served.

MASQUERADE BALL BY FIREMEN A GREAT SUCCESS

The masquerade ball by the Fire Commissioners and the volunteer firemen last night in the town hall was a great success in a social and financial way. A splendid spirit of rivalry prevailed throughout the evening, not alone in costuming and in dancing but in vying for the valuable prizes that were offered by the committee. Some magnificent costumes were shown during the evening and some splendidly robed groups contended for the principal prizes.

Up to the time of going to press the names of the winners of the prizes could not be learned, but will be published in next week's issue of the Independent.

The firemen and trustees are giving these entertainments to raise funds to keep the town hall in repair.

COUNTY BEE INSPECTOR APPOINTED BY YOLO SUPERVISORS

At the last meeting of the board of supervisors a bee inspector was appointed for Yolo County. His duties commenced on February 15th. All bee keepers in the county will expect a call from him most any time, and those not having movable hives so he can inspect them easily will have to expect to have their boxes broken open so that he can inspect them.

It is the duty of the bee inspector to inspect the bees and not to clean the hives affected with foul breed. The bee inspection service has been placed under the supervision of the horticultural commissioner.

REAL ESTATE TRANSFERS

Margaret Wilson to J. N. Wilson et al, part of Blk. 19, also lot 18, Blk. 19, Washington.

F. W. Kiesel as trustee to Manuel Fernandez, lot 1, block 10, Riverbank Sub.

Mrs. M. P. Doraen to A. P. Ramos et ux, lots 1 and 2, block 7 of Riverbank Sub.

ACTIVE ROAD BUILDING WILL START SOON

W. F. Mixon, Sr., secretary of the State Highway Commission, announced Tuesday at Sacramento that the commission will start reconstruction of approximately 1,500 miles of California highways as soon as adequate funds are available for the work.

Mixon stated that it is intended to rebuild and widen the entire 1,500 mile stretch now in need of repair. The roads which will be reconstructed are scattered over the entire State, more than half of the stretch being in northern counties.

YOLO GIANTS ARE ORGANIZED IN BASEBALL TEAM

Young men around Washington are not going to go to sleep this summer watching boys from other localities enjoying baseball games and other sports.

Under the leadership of Grant De Riso the Yolo Giants are now organized and are now practicing to challenge some of the crack teams of Sacramento and other places.

At this writing thirteen of the best players around town have joined the club and more will be taken in as they show aptitude and service. De Riso is manager and captain of the team, and Dave Berry has been named treasurer.

One thing that is badly needed is a place for practice for the boys. The school playground is too small and too badly cut up for real practice and the boys are looking for some good citizen with a vacant lot to offer them the ground on which to practice.

Yesterday the Yolo Giants beat Shorty Glenn's Colts of Bryte, with a score of 6-4. The game was a lively one while it lasted and an offer for a return game has been made by the Giants, which may be played next Sunday.

WILSON MAY RECOVER FROM SEVERE INJURIES

James Wilson, farmer of Yolo County, whose ranch is located west of the Yolo causeway and south of the eucalyptus grove just beyond the Yolo basin, is located with friends now at 2310 Y street, Sacramento, suffering with a fractured skull, sustained by him at the hands of unknown persons on the evening of Thursday, February 15th.

Wilson was discovered by his next door neighbor, William Anspaugh, who reported the occurrence to Constable Buckingham. He was taken by the constable to the emergency hospital in Sacramento for immediate treatment and was later removed to the county hospital.

When first found Wilson claimed that he had not been robbed, but subsequently it was ascertained that nearly $100 were taken from his person during the time he was unconscious after being beaten. Wilson had been in Sacramento February 15th and had been drinking somewhat, but claimed to have been sober until he started for his home. After that he remembers nothing.

Wilson was found in the tank house on his ranch late in the afternoon. He was rushed to the emergency hospital, where he was found to be in a serious state suffering from deep lacterations about his face and head. A wrench which was found near where the man lay seemed to indicate that it had been the weapon used.

The injured man stated to relatives that he had visited all day in Sacramento Thursday but did not remember anything until he woke up during the night and discovered his injury.

He denied that his friends could possibly have anything to do with his misfortune, and was unable to account for such an occurrence.

The authorities have a suspicion as to who committed the crime, because a similar crime was committed in Dunnigan a few nights before.

While Wilson's recovery is somewhat doubtful, friends are hoping that he will pull through. His left ear was split from the auricle to the upper portion, one eye was severely blackened and the scalp was deeply cut, permitting an effusive flow of blood at the door of his tank house.

Wilson was a single man living all alone and making his home on the lower floor of the tank house that served him as a temporary home. He was sometimes known as "Sandy" Wilson and sometimes as "Blacky" Wilson.

VAN TASSEL ANSWERS SCHOOL TRUSTEES ABOUT LOCATION

Woodland, Calif., Feb. 17, 1923.
To the Editor of Independent-Leader,
Broderick, Calif.

Dear Sir—In answer to the Trustees of the Sacramento River district, would like to know where they get the name of Riverview school? There is not a schol district by that name.

I am willing to admit one error in my last statement, that is the teacher leaving her car at the church, but that was unnecessary as she could have driven down the river road right to the school house, just as easy and it would have been just about as near, as that road has been traveled all winter.

It does not make any difference whether I am in that school district or not, I have a right to express what is the truth in regard to that school, as I have lived in this locality all my life, and know what has happened, more than some that have come in here in the last few years.

I think you will find that a great many of the people that are so anxious to build that new school out in the district by the church, pay little if any taxes.

To build a new school will mean a tax of about $6 per acre, which will mean a big expense to the real property owners.

Then again, when the land settles up in the vicinity of the present school, it would mean that those children would have to go just as far as these children do now that come in from the district. If this building is too small, why not build on the present site?

Just look at the buildings at the Sacramento River school, ruined and damaged so as to get an excuse to break up this district and start a new district.

It sure looks like the trustees are doing very little to protect county property, which is the duty of a school trustee.

It also seems to me that the teacher also could assist, which is her duty as teacher. You can look back just a short period to when George Lauken was trustee of that district, he took an interest in the school and saw that everything was kept in order, as it should.

Yet many of the non-taxpayers at that time found a lot of fault.

Most of the schools in the county are being consolidated, rather than starting a new district.

I am just taking this opportunity to express the real facts and conditions that exist rather than a lot of misleading statements that were made a few weeks ago.

Very truly yours,
H. M. VAN TASSEL.

The name of the school district was inadvertently changed by the editor of the Independent from "Sacramento River district" to "Riverview district." The communication from the Trustees published in last week's issue was correct when received in this office.—Editor.

It isn't all the fast ball players who get through college fast.

Some of them go through too fast to get through college.

An eminent electrical engineer was killed in Los Angeles last Thursday night under mysterious circumstances.

An imbecile police force is now authority for the statement that he was a member of a bootleg ring.

First thing we know bootleggers will be accused of all the crimes on the calendar.

SALE—ARMY SHOES—SALE

We have just bought a tremendous stock of Army Munson last shoes to be sold to the public direct. Price $2.75. These shoes are 100% solid leather with heavy double soles sewed and nailed. The uppers are of heavy tan chrome leather with bellows tongue, thereby making them waterproof. These shoes are selling very fast and we advise you to order at once to insure your order being filled. The sizes are 6 to 11 all widths. Pay postman on receipt of goods or send money order. Money refunded if shoes are not satisfactory. THE U. S. STORES CO., 1441 Broadway, New York City.

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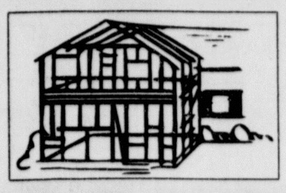
HOMES FOR SALE
from page 6

HOME SITES



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2006-19

The federal budget for 1998 showed a surplus of $70 billion, the first surplus since 1969, and the largest ever.

***

Power always has to be kept in check; power exercised in secret, especially under the cloak of national security, is doubly dangerous.
—William Proxmire

***

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Guest commentary:

Probation can help reduce prison overcrowding

By Vincent J. Iaria
Chair, Legislative Committee
Chief Probation Officers of California

The Chief Probation Officers of California laud the Governor's strong proactive stance on reducing prison overcrowding in California through building more prisons, improving infrastructure, creating secure community-based re-entry centers and moving non-violent women out of prisons and into community-based facilities. We agree our communities can be safer by thinking strategically about criminal justice reform and implementing a wide variety of evidence-based practices, practices backed by valid research that have demonstrated an ability to reduce repeat offenses.

In addition to the proposed reforms, reducing prison overcrowding must also include bolstering community corrections, specifically probation; the agency that supervises the majority of California's convicted criminals. Probation officers initiate revocation proceedings that result in over 17,000 offenders being sent to state prison each year. A conservative estimate of the cost of sending these probationers to prison, assuming that each offender stays in prison for 2 years, is $1.1 billion.

Research shows implementing evidence-based practices can reduce recidivism and decrease the prison-bound probation population by between 10 and 30 percent. This reduction could save the state up to $330 million in prison costs.

One of the biggest barriers to rehabilitating offenders in the community is the high ratio of offenders to probation officers in California. The majority of probationers are supervised in administrative caseloads that permit little proactive supervision. These caseloads average 474 probationers per officer, that may lead to an over reliance on revocation in order to protect community safety.

The Chief Probation Officers of California urge the State Legislature to allocate $56 million to support the provision of state-of-the-art supervision and rehabilitative services to offenders at the county level. This can be accomplished by adding 500 supervision officers to probation departments throughout the state, and by re-tooling the mission of community-based officers to advance the goal of reducing prison overcrowding.

The additional 500 officers will allow California probation departments to reduce caseload size and facilitate individualized treatment plans. These treatment plans focus on increasing education and employment, reducing substance abuse, and creating opportunities for pro-social activity. Offenders following specialized treatment plans are more likely to become successful members of the community and not end up in state prison.

The use of evidence-based practices is part of the national reform of community corrections that the Governor is seeking to emulate in California. We argue that these practices must be supported among probation as well as parole populations. By utilizing evidence-based practices to reduce recidivism, we can stem the tide of offenders who reach prison gates, increase community safety, and save taxpayer dollars at the same time.

**

I am more or less happy when being praised, not very comfortable when being abused, but I have moments of uneasiness when being explained.
—Arthur James Balfour

***

Strange BUT TRUE

By Samantha Weaver

• Are you worried about our water resources? Well, you're not the only one. Parts of Australia were recently in the grip of a drought so severe that the nation's Environmental Minister encouraged lovers and what he called "sympathetic friends" to shower together in order to conserve water.

• What do Mohandas Gandhi, Adolf Hitler, Joseph Stalin, Winston Churchill, Ayatollah Khomeini, Bono, planet Earth and the computer have in common? They've all been recognized by Time magazine as its "Person of the Year." Yes, *Person* of the Year.

• Of all the mammals, the Australian bandicoot goes from conception to delivery in the shortest period of time — as a general rule, the females of the species are pregnant for only 12.5 days.

• Unless you've been living under a rock, you've probably heard of Dean Koontz — the author of such novels as "The Husband," "Odd Thomas" and "Velocity" — but you probably haven't heard much *from* him. Unlike most best-selling writers, Koontz has never gone on a nationwide book tour or been on a talk show. Why? He refuses to fly.

• Many people these days are worried about high cholesterol and obesity, and those who smoke cigarettes can't help but be aware of the adverse effects that habit has on health. So it might come as a surprise that when it comes to heart disease, there's a better predictor of who will suffer from that malady than any of these three risk factors: high levels of hostility.

• Do you consider yourself to be average? If you really are like the average American, every week you spend $61 dollars you can't account for.

NOTICE OF TRUSTEE'S SALE TS No. 06-07904 Doc ID #000353851472005N Title Order No. 2957917 Investor/Insurer No. 826438 APN No. 058-183-26-1 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 05/27/2004. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER." Notice is hereby given that ReconTrust Company, N.A., as duly appointed trustee pursuant to the Deed of Trust executed by CARL M JOHNSON AND BARBARA J JOHNSON, HUSBAND AND WIFE AS JOINT TENANTS, dated 05/27/2004 and recorded 06/02/04, as Instrument No. 2004-0024278-00, in Book, Page), of Official Records in the office of the County Recorder of Yolo County, State of California, will sell on 08/30/2006 at 12:00PM, At the rear (North) entrance to the City Hall Building, 1110 West Capitol Avenue, West Sacramento, CA at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 1312 MEADOW RD, WEST SACRAMENTO, CA, 95691. The under-signed Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reason-able estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is $199,021.84. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as pro-vided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. DATED: 08/03/2006 ReconTrust Company, N.A. 1757 TAPO CANYON ROAD, SVW-88 SIMI VALLEY, CA 93063 Phone: (800) 281 8219. Sale Information (805) 578-6618 By: Trustee's Sale Officer ReconTrust Company, N.A. is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. ASAP# 781801 08/09/2006, 08/16/2006, 08/23/2006

NOTICE OF TRUSTEE'S SALE T.S. No. HC-88071-C Loan No. 0437191653 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/27/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. TRUSTOR: DARRELL H BROOKS, A SINGLE MAN Recorded 11/5/2003 as Instrument No. 2003-0068016-00 in Book, page of Official Records in the office of the Recorder of Yolo County, California, Date of Sale: 8/23/2006 at 12:00 PM Place of Sale: AT THE REAR (NORTH) ENTRANCE TO THE CITY HALL BUILDING, 1110 WEST CAPITOL AVENUE, WEST SACRAMENTO, CALIFORNIA Property Address is purported to be: 321 13th Street West Sacramento, CA 95691 APN #: 058-043-12-1 The total amount secured by said instrument as of the time of initial publication of this notice is $67,432.80, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses, and advances at the time of initial publication of this notice. Date: July 31, 2006 EXECUTIVE TRUSTEE SERVICES, INC. 15455 SAN FERNANDO MISSION BLVD SUITE #208 MISSION HILLS, CA 91345 818-361-6998 SONIA RIVAS TRUSTEE SALE OFFICER ASAP# 782365 08/02/2006, 08/09/2006, 08/16/2006

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
PT06-1171

TO ALL INTERESTED PERSONS:

Petitioner Lupe & Linda Fuentes filed a petition with this court for a decree changing names as follows:

PRESENT NAME: Guadalupe Jeremy Fuentes Jr. PROPOSED NAME: Jeremy Lupe Fuentes.

THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted.

NOTICE OF HEARING: Sept. 5, 2006, Tuesday, at 8:30 a.m. in Dept. 11, Superior Court of California, County of Yolo, 812 Court Street, Woodland CA 95695.

A copy of this Order to Show Cause shall be published at least once each week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in this county: News-Ledger.

Date: 7/19/06
/s/Thomas E. Warriner
Judge of the Superior Court
Aug 2 9 16 23

Fictitious Business Name Statement
Filed July 6, 2006
File No. 2006-660

The following person is doing business as West Sac Auto Damage Appraisal & Estimates, 640 Houston St., #B, W. Sac. CA 95605:

Avetisov Yuriy, 825 Yolo St., W. Sac-to, CA 95605.

This business is conducted by Husband and Wife.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

/s/ Asoka Dias Bandaranayake and Kamini Sita Dias Bandaranayake

I hereby certify that this is a true copy of the original document on file in this office. This certification is true as long as there are no alterations to the document, AND as long as the document is sealed with a red seal.

State of California
County of Yolo
Freddie Oakley, Clerk
Date: June 29, 2006
by: /s/Ava Woodard, Deputy Clerk

Aug 2 9 16 23

LETTERS from page seven

protectors of everyone's rights, except Americans, would once again see the light of reason and quit all their whining about racial, ethnic and religious profiling. Fat chance, say you? Remember: If common sense were, there'd be more of it.

J. BESHARIAN
West Sacramento

Alternative fuels needed

Consumers are fuming over high oil/gasoline prices. There must be some connection between the Middle East wars and the escalation of oil/gas prices and increased demand by China and the U.S.A. So besides energy conservation and pursuing alternatives like solar potentials, consider this: On the sides of Sutter-Yuba commute buses they have the slogan, "Uses re-recycled oil." One wonders if recycling or re-recycling oil produces any energy by-product fuel comparable to gasoline, like Willie Nelson using vegetable oil to fuel his bus. And don't forget up in Canada they're mining the solid equivalent of oil. Sounds like our blacktop for roads minus the gravel. After all, we're already hearing of recycling old tires into repaving, and I'm sure that formula includes something to neutralize the flammability of the tires. Hydrogen powered cars, too.

Finally, how abut Brazil's ability to convert sugar to vehicle power? If they still produce a lot of coffee down there, it seems that employees of both industries (sugar and coffee) would have a lot of "perks." Talk about "sweet success!"

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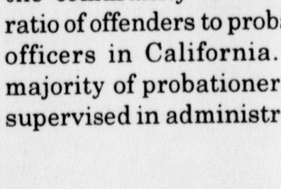
Joining us

Marc L. Concepcion, D.O.
James F. Lee, M.D.
Susan Rosten, F.N.P.
Tari Smith, P.A.
Kim Hernandez, P.A.



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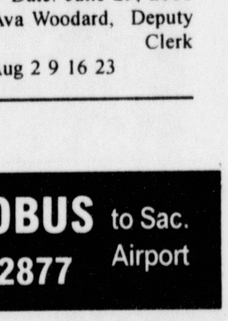

Los Rios Community College District

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Property Management
Bill Shower, Owner
(916) 371-1870 ■ Fax: (916) 371-4929
1112 Jefferson Blvd., W. Sac. CA 95691
Email: rentals@ssproperty.com

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Email: mark@familylawcenter.us
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Local Scene

Little League signups

West Sacramento Little League is accepting signups for fall play. Kids age 9-14 are welcome and may sign up online at www.westsacll.com, or in person at: Round Table Pizza in the Southport Town Center on Sat., August 5, from 11 a.m. to 1 p.m.; or 6:30-8 p.m. on Thursday, Aug. 10, at the same Round Table. For more information, see the website above.

Summer concert

Trinity Presbyterian Church is hosting a free lawn concert featuring the country-bluegrass, Sammie-nominated Richard March Band, at 7 p.m. at 1500 Park Blvd. on Thursday, Aug. 24. Refreshments. Call 371-5875 for information.

Run for office

The filing period for challengers hoping to win election to the city council or school board in the November ballot ends today at 5 p.m. Interested applicants for the city council race may call 617-4500 or visit the city clerk's office, 1110 West Capitol Avenue. Those interested in running for school board may call 375-7600. Nomination papers require supporting voters' signatures.

Marshall HS '76

The James Marshall High School Class of 1976 will hold its 30th reunion on Saturday, Sept. 30 from 2-6 p.m. Earlybird ticket prices end Aug. 15. Visit http://JMHS76.willats.com.

Luau BBQ

Joy Christian Ministries will host a luau barbecue at 825 Sunset Avenue from 6-10 p.m. on Friday, Aug. 25, to raise funds for future trips and for children's events. Tickets are $10 in advance or $12 at the door. Call 375-0066. There will be Hawaiian barbecued chicken and entertainment and games.

Marshall High '56

The Class of 1956 at James Marshall High School (now River City H.S.) plans its 50th reunion for Nov. 4, 2006, at the Casa Garden Restaurant in Sacramento. Contact Jerilyn Hughes Wingfield (371-7678) or Joan Souza Clark (780-4040).

'Yolo Idol' search

The Yolo County Fair will search for a 'Yolo Idol' again this year, with competition at 7:30 p.m. on Aug. 17 at the west stage of the fairgrounds in Woodland. Local individual singers are invited to compete for a $250 prize and a chance to compete for a $2,500 Northern California purse. Last year's Yolo Idol winner, West Sacramento's Alincia Vela, went on to win the regional competition and will emcee this year's Yolo Idol competition. Pre-register at the fair office, 1125 East St. in Woodland, or visit www.yolocountyfair.net.

New high school

Washington Unified School District will host a "town hall meeting" on the district's long-term facilities plan, including plans to build a new high school. The meeting will be held Tuesday, Aug. 22, with an open gallery of high school blueprints available beginning at 6 p.m. and a presentation to follow at 6:30 p.m. Public input will then be accepted. The school board may adopt the facilities plan on Thursday.

Free food

The Yolo County Food Bank will distribute food to eligible West Sacramento residents at Community Lutheran Church near Drever and Jackson Streets from 10:30-11:15 a.m. on Aug. 15 and at the Yolo County Housing Authority the same day from 11-noon at 685 Lighthouse Drive. Food will be distributed at the West Sacramento County Building, 500 Jefferson Blvd., from 9-11 a.m. on Aug. 22, and at the Clarkburg Firehouse from 10:30-11:30 a.m. on Aug. 28. Please bring a bag. For information, call (530) 668-0690.

Cookbook author

Nancy Bruce, a home economics teacher at Yolo High School in West Sacrametno, will discuss her book, "A Family Affair Cookbook," in a reception beginning at 1 p.m. at the West Sacramento Museum and Visitors Center on Sunday, Aug. 27. The museum is located at 324 Third Street. Bruce authored the book with her aunt, Phyllis Duell, and her cooking is influenced by different regions of the U.S. as well as the Philippines. Bruce is a caterer as well as a teacher. For information, call 372-1849.

Mini-grants

West Sacramento nonprofit organizations may apply for part of $20,000 available from the City of West Sacramento. Deadlines to apply for the "Community Mini-Grant Program" is Oct. 20 at the Parks and Recreation Department, 1110 West Capitol Ave., West Sacramento CA 95691. Pick up an application at the department, or visit the parks department website at www.cityofwestsacramento.org, or call 617-4620.

Free legal help

A group of attorneys working with Legal Services of Northern California is offering free, bi-weekly drop-in law help for low-income people. It will be held Wednesday evenings from 6-8 p.m. at the civic center, 1110 West Capitol Avenue. Subject matter includes housing, employment, public benefits and estate planning/probate.

Interfaith

A potluck and forum about the different faiths in West Sacramento will be hosted by the Interfaith Gathering at beginning at 6:30 p.m. on Wed., Aug. 30, with forum at 7 p.m. The topic will be "What is your most precious value and how do you know it?" with questions and answers to follow. Location will be the Center for Spiritual Awareness, 1020 West Capitol Avenue. Call 798-8724.

Laughter against cancer

The "Yolo County Yuckfest" plans to use comedians and their routines to help raise money to fight cancer. Dave Bothun and the Lance Armstrong Foundation are involved in the 'yuckfest,' scheduled for Sept. 15-16 at the Woodland Opera House with shows at 8 and 10 p.m. Bothun will emcee. Visit www.comedy4cancer.com. Buy tickets at the opera house or at www.wohtheatre.org.

Dirty woodstoves

The Yolo-Solano Air Quality Management District will pay you $200 if you replace your non-certified woodburning stove or insert with a natural gas or propane appliance, a pellet stove or an EPA certified woodstove. The rebate program lasts until September 30. The program is intended to help reduce the amount of woodsmoke pollutants released into the air, and to increase heating efficiency. Funding is limited; first-come, first-served. Call (800) 297-3650 or visit www.ysaqmd.org.

Old computers

Donate your surplus computers for charity. You can drop off a computer (minimum: Pentium II, 250 megaherz, a mouse, mouse pad, keyboard, or cash) at the teen center on Merkley Avenue next to the post office. The "Computers4Kids" program is a collaboration of the teen center, Chamber of Commerce, school district, county office of education, city college and local businesses. Equipment may help local schoolkids or businesses. Call Lewis Bair, 916-806-6447, to schedule a drop-off appointment. Donations may be tax-deductible.

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DaNae Gavaza
Milton Lobato
Email:
ABCDetail21@surewest.net

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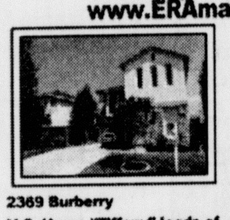
133 Dragon Fly
Former Model Home
3 Bed/2 Ba 2009 sq.ft.



2369 Burberry
U.S. Home "Tiffany" loads of upgrades
4 Bed/2.5 BA 2,645 sq. ft.

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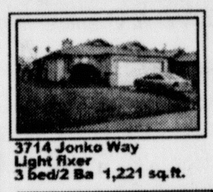
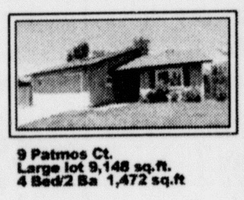
Short Sale--Excellent starter
2 Bed/2 Ba 1,046 sq. ft.

590 Hawk Crest
Amazing lake-front home
5 Bed/3 Ba 3,555 sq. ft.

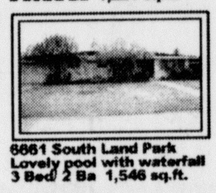


3714 Jonko Way
Light fixer
3 bed/2 Ba 1,221 sq.ft.

2230 Rose Arbor
55+ Community
2 Bed/2 Ba 1,296 sq.ft



9 Patmos Ct.
Large lot 9,148 sq.ft.
4 Bed/2 Ba 1,472 sq.ft



6661 South Land Park
Lovely pool with waterfall
3 Bed/ 2 Ba 1,546 sq.ft.

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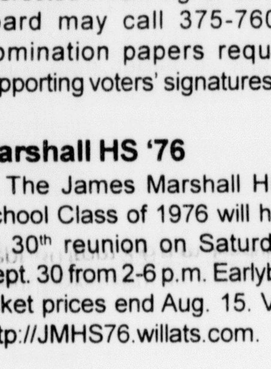

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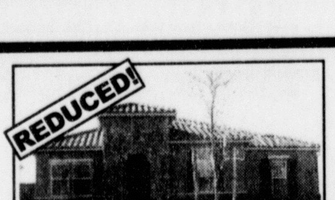


REDUCED!

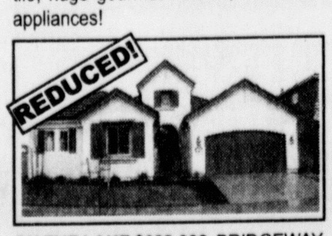
PREMIUM LOT! ($100K) $710,000. Golf course view! 2751sf, upgraded carpet & tile, huge gourmet kitchen, stnls steel appliances!

SOLD!

ADORABLE! $299,900. 2 BDRM, 1 bathTahoe Park cottage, updated. Newer roof & windows. Hurry -- won't last!

BRIDGEWAY

NEAT AS A PIN! $370,000. Wonderful home or investor property, 3bed/2ba 1,578sf, open floor plan! Landscaped! Motivated sellers!



REDUCED!

ON THE LAKE $639,000. BRIDGEWAY, Waterfront view, brand new! 2915sf, 5 bed, 3.5ba, 3-car, family rm w/frplc! Never lived in!

PENDING

FIRST TIME BUYERS! $192,500. Affordable! Move-in condition! New paint, lino, carpet. End-unit in trees, w/fireplace, parking close. More!

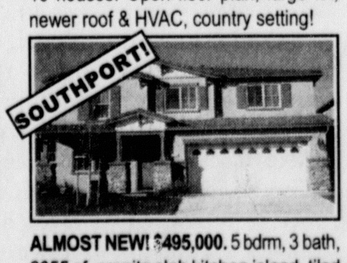
WELL-MAINTAINED! $395,000. 3bed/2ba, 1,373sf home in cul-de-sac of only 10 houses! Open floor plan, large lot, newer roof & HVAC, country setting!

REDUCED!

BRIDGEWAY LAKES BEAUTY! $599k. Luxurious, never lived-in, 3463sf, 5 bed/3ba/3 car with bonus rm, main level master ste, gourmet kitchen!

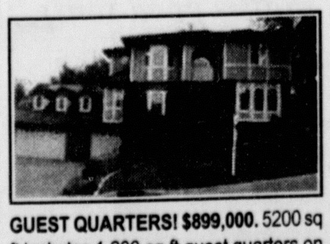
REDUCED!

BRAND NEW, NEVER LIVED-IN, $699,000! Meritage home, 3421sf, 5bed/3ba/3car, exclusive Diamond Woods



SOUTHPORT!

ALMOST NEW! $495,000. 5 bdrm, 3 bath, 2855 sf, granite slab kitchen island, tiled floors & counters. Pool-size yard!



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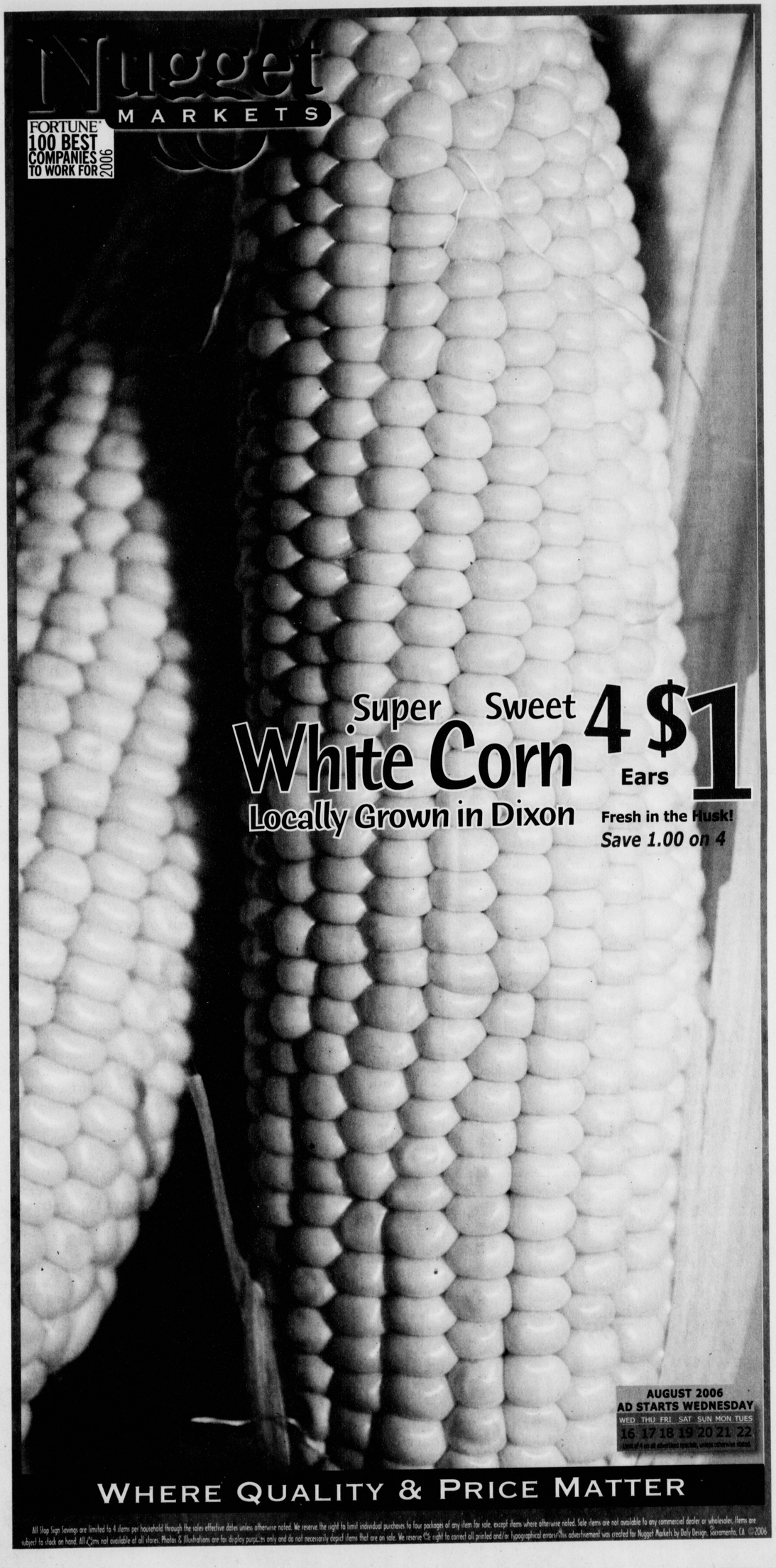
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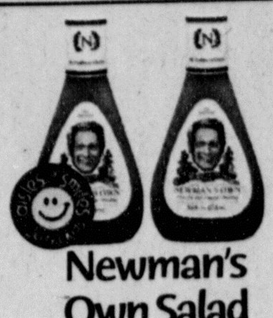
Stop Sign Savings... 1.40
2.99



Newman's Own Salad Dressing
Selected Varieties.
16 oz. Bottle
Stop Sign Savings... 1.40
2.99

K.C. Masterpiece BBQ Sauce
Original Only.
18 oz. Bottle
Stop Sign Savings...1.30
1.99

Oroweat Sandwich Rolls
Selected Varieties.
11 oz. Package
Save 98¢ on 2
2 $3 for

Oroweat Bread
Country Honey White, Honey Fiber or 100% Whole Wheat. 24 oz. Loaf
Save up to 2.78 on 2
2 $5 for

Chicken of the Sea Chunk Light Tuna
In Spring Water.
6 oz. Can
Stop Sign Savings.... 60¢
69¢

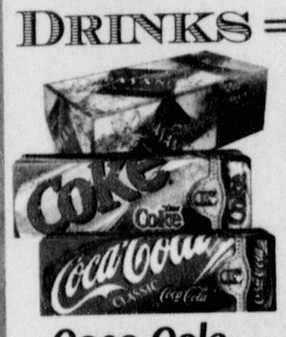
Kikkoman Soy Sauce
Original Only.
20 oz. Bottle
Stop Sign Savings... 1.21
2.48

Le Nature Tea
Selected Varieties.
4 Pack/20 oz. Bottles
Save 2.38 on 2
2 $5 for +crv

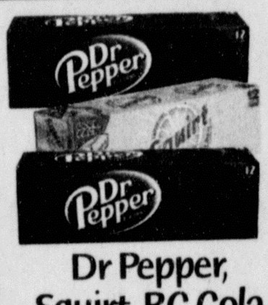
Planters Peanuts
Selected Bonus Pack Varieties. 24 oz. Bottle
Save 98¢ on 2
2 $5 for

Sun Chips
Selected Varieties.
11.5 oz. Bag
Save 98¢ on 2
2 $6 for

DRINKS

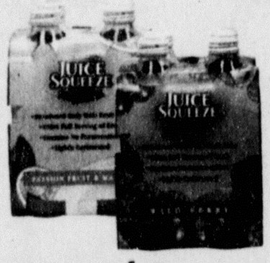


Coca-Cola or Dasani Water
Selected Varieties. 12/12 oz. Cans or Dasani Bottles
Stop Sign Savings...1.00
3.99 +crv



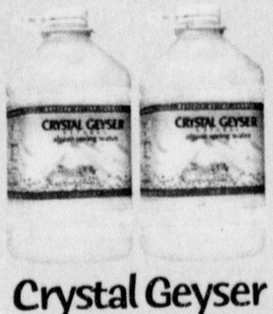
Dr Pepper, Squirt, RC Cola or Diet Rite
Selected Varieties.
12 Pack/12 oz. Cans
Stop Sign Savings... 1.00
3.99 +crv

Coca-Cola, Dr Pepper or Squirt
Selected Varieties.
2 Liter Bottles
Save 1.76 on 4
4 $5 for +crv



Crystal Geyser Juice Squeeze
Selected Varieties.
4 Pack/12 oz. Bottles
Save 2.18 on 2
2 $5 for +crv

Orangina
1 Liter Bottle
Save 1.58 on 2
2 $3 for +crv

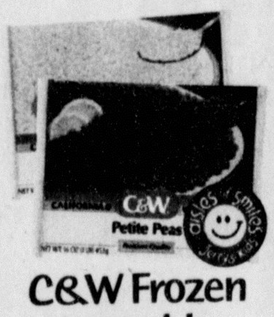


Crystal Geyser Spring Water
One Gallon Jug
Stop Sign Savings..... 51¢
88¢ +crv

COLD CASE

Dreyer's Fruit Bars
Selected Varieties.
6-12 Count Package
Save 2.78 on 2
2 $5 for

Red Baron Mini Pizzas or Pagoda Egg Rolls
Selected Varieties.
10.88-11.44 oz. Package
Save up to 2.78 on 2
2 $5 for



C&W Frozen Vegetables
Selected Varieties.
14-16 oz. Package
Save 98¢ on 2
2 $5 for

Clover Organic Half & Half
One Quart Carton
Stop Sign Savings...50¢
2.49

Sargento Shredded Cheese
Selected Varieties.
16 oz. Package
Stop Sign Savings... 1.00
3.49

Silk Soymilk
Selected Varieties.
64 oz. Carton
Save 4.58 on 2
2 $5 for

MEAT-DELI

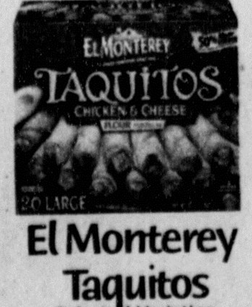
Top Valu Sliced Bacon
16 oz. Package
Stop Sign Savings... 1.00
1.59

Evergood Sausages
Selected Varieties.
16 oz. Package
Stop Sign Savings... 1.00
3.99

Goldy's Dips
Selected Varieties.
7 oz. Tub
Stop Sign Savings... 1.10
2.99

Harry's Creations
Selected Varieties.
10 oz. Package
Stop Sign Savings.... 70¢
1.99

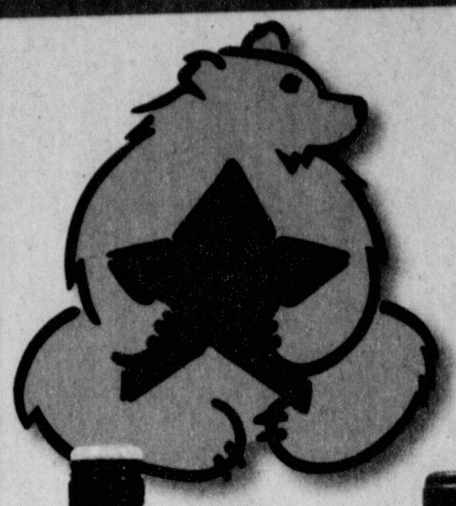
Land O' Frost Lunchmeat
Selected Varieties.
12 oz. Package
Stop Sign Savings... 1.00
2.39



El Monterey Taquitos
Selected Varieties.
30 oz. Package
Stop Sign Savings... 2.00
6.89

Tillamook Cheese
Selected Varieties.
2 Lb. Baby Loaf
Stop Sign Savings... 3.00
5.99

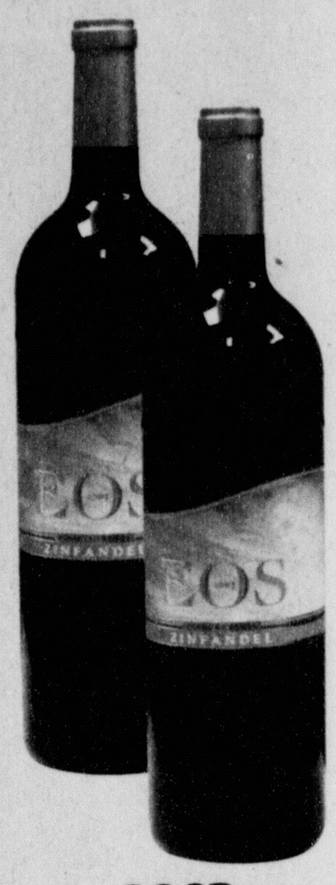
Foster Farms Turkey Franks
Selected Varieties.
3 Lb. Package
Stop Sign Savings... 2.00
2.59



Gold Me
Winners
California

2003 Cypress Shiraz
A Double Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
6.99

2005 Smoking Loon Viognier
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
6.99



2003 EOS Zinfandel
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...4.00
8.99

Kenda
A Double
Stop Sig
1

2005 Fetzer Gewurztraminer
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
6.99

Korbel Brut Rosé
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...2.00
9.99

2005 Fetzer Valley Oaks Chardonnay
A 2005 Gold Medal Winner.
750 ml. Bottle
Stop Sign Savings...4.00
5.99

Gold
Stop Si

aisles of Smiles for "Jerry's Kids"

"Aisles of Smiles" is a nation
nized fund raising program
with the Jerry Lewis teletho
ceeds raised help finance

Mott's Apple Juice
64 oz. Bottle
Stop Sign Savings...1.74
1.75

Mott's Apple Sauce
Selected Varieties.
23-24 oz. Jar
Stop Sign Savings...50¢
1.79

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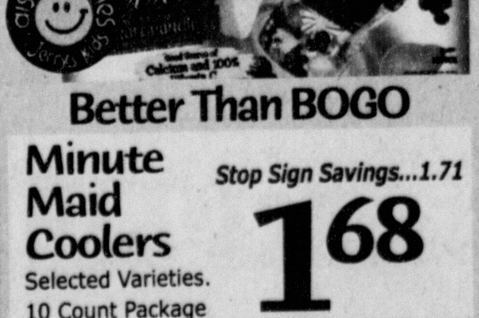
Selec
101 o



Better Than BOGO
Minute Maid Coolers
Selected Varieties.
10 Count Package
Stop Sign Savings...1.71
1.68

Kellogg's Eggo Breakfast
Selected Varieties.
10 Count Package
Save 1.98 on 2
2 $3 for

Mi
Or
Selec
64 oz

Medal Wine ners from the rnia State Fair!

2003 Kendall-Jackson Syrah
A Double Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
10.99

2004 Cycles Gladiator Syrah
A Double Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...2.00
8.99

2004 Dancing Bull Sauvignon Blanc
A Double Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...2.00
6.99

2004 Concannon Sauvignon Blanc
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
6.99

2004 Cycles Gladiator Merlot
Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...2.00
8.99

2004 Rutherford Ranch Chardonnay
A Double Gold Medal Winner!
750 ml. Bottle
Stop Sign Savings...3.00
8.99

niles" is a nationally recog-raising program that partners ry Lewis telethon. The pro-d help finance research to find a cure for muscular dystrophy. When these items are purchased, a portion of the cost is donated to the Muscular Dystrophy Association.

Savings...50¢
79

Ocean Spray Cranberry Juice Blends
Selected Varieties.
101 oz. Jug
Save up to 8.94 on 3
3 $9 for +crv

Star Originale Olive Oil
25 oz. Bottle
Stop Sign Savings...2.00
6.99

.98 on 2
$3
r

Minute Maid Orange Juice
Selected Varieties.
64 oz. Carton
Save up to 3.38 on 2
2 $5 for

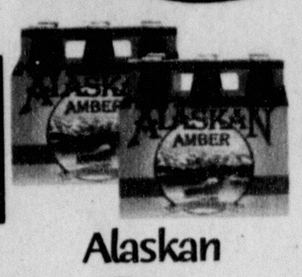
Dreyer's Ice Cream
Selected Varieties.
1.75 Quart Carton
Stop Sign Savings...2.00
3.99

ADULT BEVERAGE

San Simeon Pinot Noir
A 2004 Pinot Noir Gold Medal Winner!
750 ml. Bottle
* While supplies last
Stop Sign Savings...2.00
15.99

Geyser Peak Sauvignon Blanc
750 ml. Bottle
Stop Sign Savings...4.00
6.99

Mendocino Brewing Co.
Selected Varieties.
12 Pack/12 oz. Bottles
Stop Sign Savings.... 4.50
10.99 +crv



Alaskan Beer
Selected Varieties.
6 Pack/12 oz. Bottles
Save up to 1.90
5.99 +crv

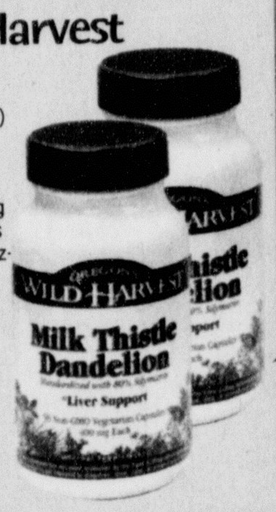
Kona Beer
Selected Varieties.
6 Pack/12 oz. Bottles
Save up to 1.90
5.99 +crv

Grey Goose Vodka
750 ml. Bottle
Stop Sign Savings... 8.00
25.99

NATURAL LIVING

Jason Natural Oral Care
Jason provides both fluoride and fluoride-free great-tasting oral-care products that help produce a bright smile, healthy mouth and long-lasting fresh breath. They are free of preservatives, artificial colors and flavors, animal testing and byproducts, and propylene glycol.* 4.2-16 oz. Package
Save up to:
15% off

Oregon's Wild Harvest Milk Thistle
Milk Thistle (silybum marianum) has been shown to protect the liver from damage due to alcohol, drugs, poisons, and environmental toxins by helping to lower elevated liver enzymes and regenerate liver cells. Amazing! Oregon's Wild Harvest is a science-based company that produces fresh organic herbs with the highest possible beneficial activity.* 90 Count
Stop Sign Savings...3.00
16.99



*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HEALTH & BEAUTY

Head & Shoulders Shampoo
Selected Varieties.
23.7 oz. Bottle
Stop Sign Savings... 2.00
6.39

Old Spice Deodorant
Selected Varieties.
2.6-3.25 oz. Stick
Stop Sign Savings... 1.00
3.59

Better Than BOGO
GE Soft White Light Bulbs
Selected Varieties.
4 Count Package
Stop Sign Savings... 2.00
99¢

Better Than BOGO
Nugget Markets Canvas Bag
Single Count
Stop Sign Savings... 2.60
2.39

HOUSEHOLD NEEDS

Jonny Cat Cat Liter
20 Lb. Bag
Stop Sign Savings... 1.20
3.49

Friskies Dry Cat Food
Selected Varieties.
21.6 Lb. Bag
Stop Sign Savings... 4.29
9.99

Nutra Nuggets Dog Food
40 Lb. Bag
Stop Sign Savings.... 11.00
18.99

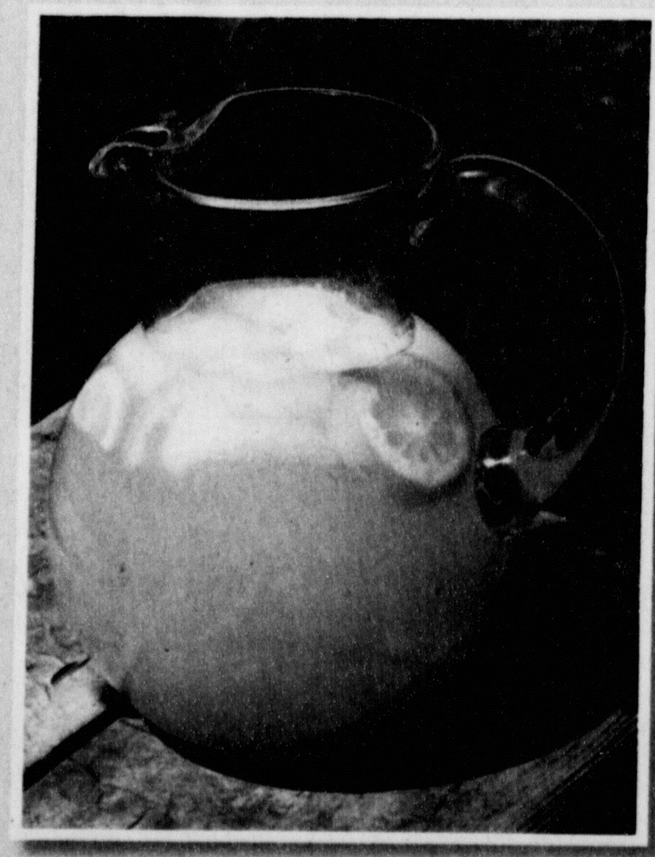
Sun Sations Dish Soap
Selected Varieties.
25 oz. Bottle
Stop Sign Savings.... 99¢
99¢

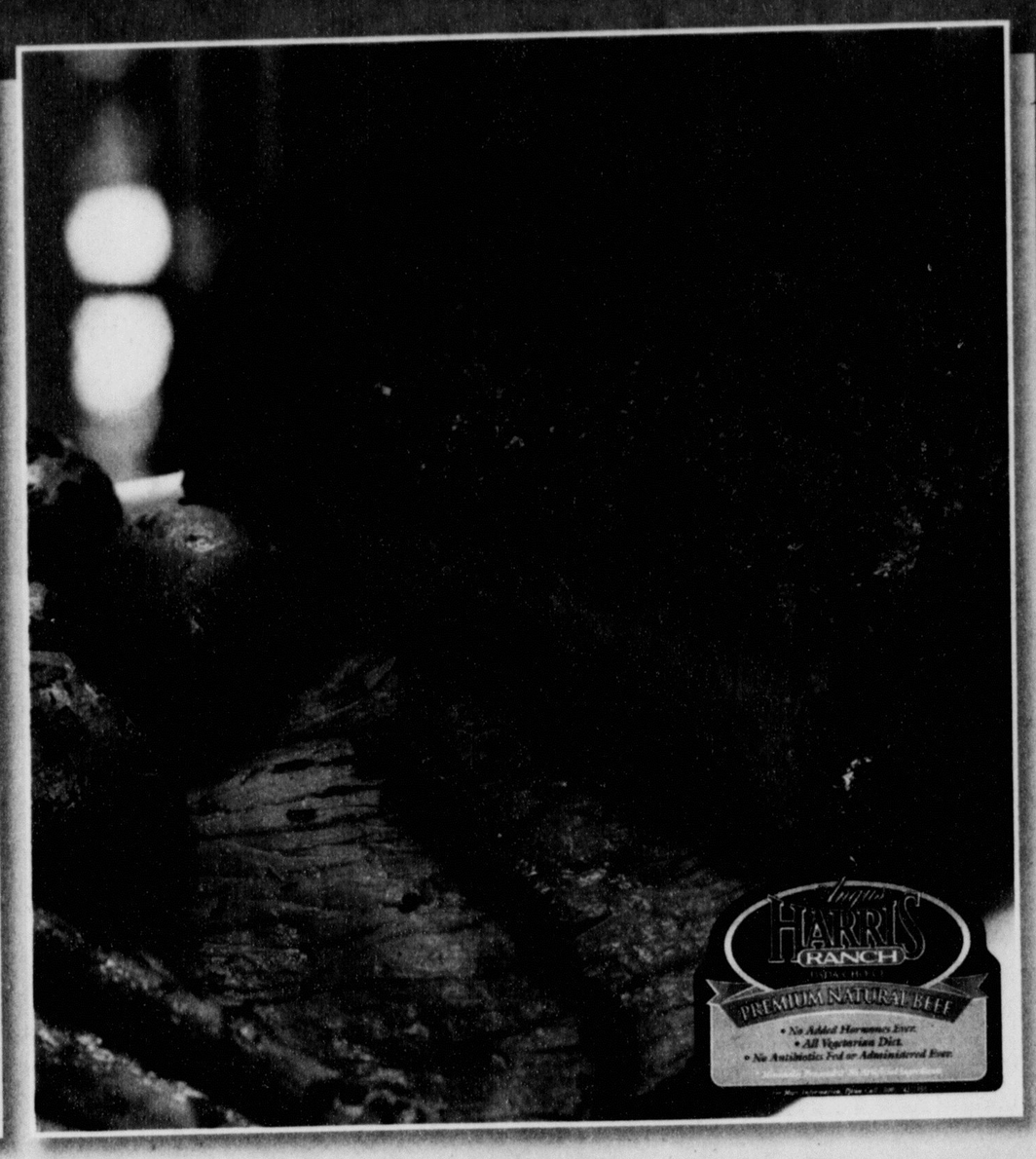
Fresh from the Juice Bar

Fresh Squeezed Lemonade
Always Made-to-Order!
Pick up refreshing lemoade - fresh-squeezed in our Juice Bars and just right on a warm summer day!

Ceylon Organic Iced Tea
Light, Crisp and Refreshing!
Enjoy this 100%-certified-organic blend of teas from Sri Lanka (the island formerly known as Ceylon) - the perfect iced tea!

50¢ off any size





Better Than BOGO

Foster Farms California Fresh

Split Chicken Breasts

In the Value Pack!

1.19 lb.

Stop Sign Savings...1.50 lb.

Harris Ranch USDA Choice Premium Natural Angus Beef

London Broil Steaks

3.99 lb.

Stop Sign Savings...3.00 lb.

Superior Farms USDA Choice

Fresh Ground Lamb or Veal

Stop Sign Savings...1.00 lb.

3.99 lb.

Nugget's Own Fresh Sausage of the Week:

Bratwurst

Made with Sudwerks Beer.

Save 1.50 lb.

2.99 lb.

41-50 Count

Fresh Farm Raised Prawns

From Ecuador.

Stop Sign Savings...3.00 lb.

6.99 lb.

Previously Frozen

Tilapia Fillets

Stop Sign Savings...3.00 lb.

3.99 lb.

– Fresh Produce Specials –

California Grown

Red or Black Plums

Stop Sign Savings...61¢ lb.

1.38 lb.

California Grown

Fresh Cauliflower

Stop Sign Savings..51¢ ea.

1.48 ea.

California Grown

Fresh Melons

Take your choice of Casaba, Crenshaw or Orange Flesh.

Stop Sign Savings...31¢ lb.

68¢ lb.

California Grown

Organic Italian Squash

Stop Sign Savings...61¢ lb.

1.38 lb.

2 Lb. Bags of California Grown Washed and Peeled

Mini Carrots

Stop Sign Savings...41¢ ea.

2.18 ea.

Fresh Express

Salad Mix

American, Italian or Hearts of Romaine.

Save 1.58 on 2

2 for $5